Mama Told Me

Count: 64

Ebene: Phrased Advanced

Choreograf/in: Priska Staud (CH) - March 2025

Musik: Mama Told Me - The Poverty Plainsmen

Tag 24 Counts, Final 1 Count SEQ: 4 x A – B – B short – Tag – 4 x A – B – B short – Tag - 2 x A – 3 x B – B short – Tag short – B – B short – Tag – 2 x A – Final

- * B Short: Ended after 16 Counts
- * Tag short: Ended after 16 Counts
- * Final: Stomp right in front

Part A

Sect 1 KICK, HOOK, 2 x KICK, COASTER STEP, HOLD

- 1 2Kick R forward – Hook R in front of L
- 3 4Kick forward R – Kick forward R
- 5 6Step back R - Step L next to R
- 7 8 Step forward R – Hold

Sect 2 STEP, TURN, TURN, HOLD, ROCKING CHAIR

- Step L in front $-\frac{1}{2}$ turn over right with the weight on R 1 - 2
- 3 4 $\frac{1}{2}$ turn over right with the weight on L – Hold
- 5 6Back rock R - Recover L
- 7 8 Rock step R - Recover L

Sect 3 LOCK STEP ½ TURN, HOLD, CROSS, BACK ROCK, RECOVER, STOMP UP

- 1 2 Step R ¼ turn right – Lock L behind R
- 3 4Step R ¼ turn right – Hold
- 5 6Cross L over R – Jumping back R
- 7 8Recover L – Stomp up R

Sect 4 HEEL, TOUCH, 2 x KICK, BACK ROCK, RECOVER, STOMP, STOMP

- Heel R in front Touch R next to L 1 - 2
- 3 4Kick forward R - Kick forward R
- 5-6 Jumping back to R - Recover L
- 7 8 Stomp R – Stomp L

Part B

Sect 1 JUMPING ROCK STEP, RECOVER, 2 x SCOOT ¼ TURN, BACK ROCK, RECOVER, STOMP, STOMP

- 1 2Jumping rock R diagonal forward – Recover to L hook R
- 3 4Scoot on L ¼ turn right - Scoot on L ¼ turn right
- 5-6 Jumping back rock to the R - Recover to L
- 7 8 Stomp R – Stomp L

Sect 2 KICK DIAGONAL, FLICK AND SLAP, SIDE STEP, TOGETHER, STEP SLIDE, BACK ROCK, RECOVER

- 1 2 Kick R diagonal - Flick R behind L and slap with the left hand
- 3 4Step R to the right – Step L next to the R
- 5 6Step R to the right – Slide L next to R
- 7 8 Back rock diagonal L – Recover to the R *
- * B short ends here





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Sect 3 WEAVE, ¼ TURN ROCK RECOVER, ½ TURN, HOLD

- 1 2 Step L to the left Step R behind left
- 3 4 Step L to the left Step R cross over left
- 5-6 Side Rock L to the left with a ¼ turn over left Recover the weight to the R
- 7 8 ½ turn over left Hold

Sect 4 ¼ STEP TURN, CROSS, HOLD, SLIDE, STOMP, STOMP

- 1 2 Step R in front ¼ turn over left with the weight on L
- 3 4 Cross R over L Hold
- 5 6 Slide L to the L Slide L to the L
- 7 8 Stomp R Stomp L

Tag

Sect 1 STOMP, HOLD, HOLD, HOLD, FULL TURN STOMP, HOLD, HOLD, HOLD

- 1 2 Stomp L Hold
- 3 4 Hold Hold
- 5 6 Full turn over left Stomp R Hold
- 7 8 Hold Hold

Sect 2 ROCKING CHAIR, STEP TURN, TURN, HOLD

- 1 2 Rock step forward L Recover to R
- 3 4 Back Rock L Recover to R
- 5-6 Step L in front $\frac{1}{2}$ turn right and put the weight on the right
- 7 8 1/2 turn right and step L next to R Hold *

* Tag short ends here

Sect 2 ROCKING CHAIR, STEP TURN, STEP TURN

- 1 2 Rock step forward R Recover to L
- 3 4 Back rock R Recover to L
- 5-6 Step R in front $\frac{1}{2}$ turn left and put the weight on the left
- 7-8 Step R in front $\frac{1}{2}$ turn left and put the weight on the left