# Deep Breath Big Smile



Count: 64 Wand: 0 Ebene: Low Advanced

Choreograf/in: Manu Santos (FR), Léo Reignier (FR) & Fabian Müller (CH) - March 2025

Musik: Not At This Party - Dasha



Part A 16 counts, Part B 16 counts, Part C 32 counts

Tag 1 16 Counts, Tag 2 16 Counts

A - A - B - B - C - C - Tag 1 - A - A - C - C - Tag 1 - Tag 1 - B - B - Tag 2 - C (Sect 3 - 4) - C - Tag 1 -

Tag 1

### Part A

& 7 - 8

## Sect 1 JUMP, KICK x2, JUMP, KICK x2 , JUMP, BRUSH, TOUCH, JUMP, BRUSH, TOUCH

& 1 <i>–</i> 2	Jump to left on L – Kick R diagonal L – Kick R diagonal L
& 3 <i>-</i> 4	Jump to right on R – Kick L diagonal R – Kick L diagonal R
& 5 <i>-</i> 6	Jump to left on L – Brush R behind L – Touch R crossed behind L

## Sect 2 SIDE, BEHINDE, SIDE ROCK, STOMPING RECOVER, VAUDEVILLE, TOUCH, UNWIND

Jump to right on R – Brush L behind R – Touch L crossed behind R

& 1 & 2	Side step L – Cross R behind R – Side rock L – Recover R with a stomp
3 & 4 &	Cross L in front of R – Step to side R – Heel forward L – Step L next to R

5-8 Touch R crossed behind L – Make  $\frac{1}{2}$  turn on count 6-7-8 If next part is A, weight on R foot. If next part is B or C, weight on L foot

## Part B

## Sect 1 SHUFFLE, 1/2 STEP TURN, STOMP, MAMBO STEP, BACK ROCK, RECOVER, STOMP

1 & 2	Step forward R – Step on L behind R – Step forward R
& 3 – 4	Step forward L – ½ Turn right and put weight on R – Stomp forward L
& 5 <b>-</b> 6	Rock forward R – Recover on L – Step back R
& 7 <i>–</i> 8	Jumping back rock L – Recover on R – Stomp L next to R

## Sect 2 GRAPEVINE, STOMP UP, GRAPEVINE, STOMP, SWIVET, SWIVET, STOMP, STOMP

& 1 & 2	Side step R – Cross L behind R – Side step R – Stomp up L next to R
& 3 & 4	Side step L – Cross R behind L – Side step L – Stomp R next to L
& 5 & 6	Swivel R toe to right and L heel to left – Swivel back to center – Swivel L toe to left and R heel to right – Swivel back to center
7 – 8	Stomp R – Stomp L

### Part C

# Sect 1 JUMPIN ROCKING CHAIR, JUMPING GRAPEVINE, ¼ FLICK TURN, KICK, STEP, KICK, STEP, STOMP, SWIVEL, KICK

1 & 2 &	Jumping rock step forward R – Recover on L – Jumping rock step back R – Recover on L
3 & 4 &	Kick R to diagonal to right – Jump to right on R and flick L behind R – Kick R diagonal to right – Make $\frac{1}{4}$ turn left and flick back L
5 & 6 &	Kick forward L – Step forward L – Kick forward R – Step forward R
7 & 8 &	Stomp forward L – Swivel both heel to left – Swivel back to center – Kick forward L

## Sect 2 BACK, KICK, BACK, 1/4 SAILOR TURN, FLICK & SLAP, STOMP, HEEL FAN, FULL TURN

3 & 4 & 1/4 Turn left and step back L – Step R next to L – Step forward L – Flick R and slap with right hand

5 & 6 7 – 8	Stomp forward R – Swivel R heel to right – Swivel back to center and but weight on R $\frac{1}{2}$ Turn right and step back L – $\frac{1}{2}$ Turn right and step forward R
Sect 3 MAMBO 1 & 2 3 & 4 5 - 6 7 - 8	STEP, COASTER STEP, ½ STEP TURN, ¼ TURN, POINT, ¼ TURN, STOMP Rock forward L – Recover on R – Step back L Step back R – Step L next to R – Step forward R Step forward L – ½ Turn right and put weight on R ¼ Turn right and point L to side – ¼ Turn right and stomp L next to R
1 & 2 3 & 4 & 5 & 6 & 7 & 8 &	STEP, SAILOR STEP, HEEL FAN x3, CIRCLE CLAP  Cross R behind L – Step L next to R – Side step R  Cross L behind R – Step R next to L – Side step L  Swivel R heel to right – Swivel back to center – Swivel L heel to left – Swivel back to center  Swivel R heel to right – Swivel back to center  Clap in front of you – Clap on the the right side – Clap high up in the air  moving in a circle starting in front of you and going to the right side.
Tag 1	
Sect 1 JUMPIN STOMP UP, FL 1 & 2 & 3 & 4 5 & 6 & 7 & 8	G ROCKIN CHAIR, STOMP UP, FLICK & SLAP, STOMP, JUMPING ROCKIN CHAIR, LICK & SLAP, STOMP  Jumping rock step forward R – Recover on L – Jumping rock step back R – Recover on L  Stomp up R next to L – Flick R and slap with right hand – Stomp R next to L  Jumping rock step forward L – Recover on R – Jumping rock step back L – Recover on R  Stomp up L next to R – Flick L and slap with left hand – Stomp L next to R  G ROCKIN CHAIR, STOMP UP, FLICK & SLAP, STOMP, APPLEJACK x4  Jumping rock step forward R – Recover on L – Jumping rock step back R – Recover on L  Stomp up R next to L – Flick R and slap with right hand – Stomp R next to L  Swivel L toe and R heel to left – Swivel back to center – Swivel R toe and L heel to right – Swivel back to center  Swivel L toe and R heel to left – Swivel back to center – Swivel R toe and L heel to right – Swivel back to center
Tag 2	
Sect 1 SLIDE, DIAGONAL SLIDE  1 – 4 Big step to R and slide L towards R  5 – 8 Big step L diagonal back to left side and slide R towards L	
Sect 2 ½ TURN DIAGONAL SLIDE, SLIDE  1 – 4 ½ Turn on L foot, make a big step R diagonal forward to right side and slide L towards R  5 – 8 Big side step L and slide R towards L, changing the weight to R on the last count	