

Bell Bottoms Up EZ

COPPER KNOB
STEPSHEETS

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Cathy Snow (USA) - April 2025

Musik: Bell Bottoms Up - Lainey Wilson



Restart: First time on 9:00 wall dance steps 1-16 then restart dance

[1-8] RIGHT SUGAR FOOT; TRIPLE STEP; LEFT SUGAR FOOT, TRIPLE STEP

- 1-2 Point R toe to left instep, R heel to L instep
- 3&4 Triple-step in place R, L, R
- 5-6 Point L toe to R instep, L heel to R instep
- 7&8 Triple-step in place L, R, L

[9-16] SHUFFLE FORWARD, ROCK, RECOVER; SHUFFLE BACK; ROCK; RECOVER

- 1&2 Shuffle forward stepping right, left, right
- 3-4 Rock left forward; recover right
- 5&6 Shuffle backward stepping left, right, left
- 7-8 Rock back on right; recover on left

[17-24] LINDY R, LINDY L

- 1&2 Step R to R side, Step L next to R, Step R to R side
- 3-4 Step L behind R, Recover weight on R
- 5&6 Step L to L side, Step R next to L, Step L to L side
- 7-8 Step R behind L, Recover weight on L

[25-32] STEP FORWARD & BACK WITH TOUCHES, ¼ TURN RIGHT; SIDE STEPS WITH TOUCHES

- 1-2 Step R forward diagonally, Touch L beside R
- 3-4 Step L back diagonally; Touch right beside L
- 5-6 Turn ¼ to R, stepping R to side Touch L beside R
- 7-8 Step L to L side, Touch R beside L

Contact: mrssno@email.com