

Rock My Body

Count: 32

Wand: 2

Ebene: Improver

Choreograf/in: GoWildWest Isabel (CH) - June 2023

Musik: Rock My Body - R3HAB, Inna & Sash!



***1 Restart: Wall 3 clock 6**

S 1: 2x Kick & Side Rock, Vaudeville, Turn

1&2 RF kick cross infront of LF, RF rock right, weight on LF
3&4 REPEAT
5&6& RF cross infront, LF step left, RF heel, weight on RF
7&8& turn ¼ L with LF cross infront, RF step right, LF heel, weight on LF

S 2: Side Rock & Side Rock, Coaster Turn, Kick Out Out

1, 2& RF rock right, weight on LF, RF close
3, 4 LF rock left, weight on RF
5&6 turn ¼ L with LF step back, RF close, LF step fwd
7&8 RF kick, RF step out, LF step out

S 3: Heel Fans

1& RF heel in, RF heel out
2& LF heel in, LF heel out
3&4& 2 x RF heel in, RF heel out
5& LF heel in, LF heel out
6& RF heel in, RF heel out
7&8& 2 x LF heel in, LF heel out

S 4: Kick, Behind Side Cross, Side Touch, Side Left Touch

& LF kick left
1&2 LF cross behind, RF right, LF cross infront
3, 4 RF right, LF touch
5, 6 LF left, RF cross behind
7, 8 LF left, RF touch

Last Update: 9 Apr 2025