

And Slide

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Daniel Exton (UK) - April 2023

Musik: Slip - Stooshe



Intro: 20 Counts. Start at approx 9 secs.

SEC 1 CHASSE, ROCK, RECOVER, HEEL, TOE, HEEL, TOE

- 1&2 Right foot to Right side, Left next to Right, Right to Right side
- 3-4 Rock Left foot behind Right, Recover onto Right
- 5-6 Touch Left heel out, Touch Left toe out
- 7-8 Touch Left heel out, Touch Left toe out

SEC 2 CHASSE, ROCK, RECOVER, MONTEREY ¼ TURN

- 1&2 Left to Left side, Right next to Left, Left to Left side
- 3-4 Rock Right behind Left, Recover onto Left
- 5-6 Right touch to Right side, ¼ turn Right whilst returning Right foot (3:00)
- 7-8 Left foot touch to Left side, Return Left foot (Weight on L)

Restart Here on Walls 3 and 8

SEC 3 SLIDE, TOUCH, SLIDE, TOGETHER, TWIST X3, CLAP

- 1-2 Slide forward diagonally on Right foot, Touch Left next to Right
- 3-4 Slide forward diagonally on Left foot, Right foot next to Left
- 5-7 Twist to the Right (heels, toes, heels)
- 8 Clap

SEC 4 KICK ACROSS, RETURN, KICK ACROSS, RETURN, SLOW SAILOR, TOUCH

- 1-2 Kick Left foot across Right, Return the Left foot
- 3-4 Kick Right foot across Left, Return The Right foot
- 5-7 Left behind Right, Right foot out, Left foot out
- 8 Touch Right foot next to Left

Tag 1 At end of wall 5

MONTEREY ¼ TURNS X2

- 1-2 Right touch to Right side, ¼ turn Right whilst returning Right foot
- 3-4 Left foot touch to Left side, Left next to right (Weight on L)
- 5-6 Right touch to Right side, ¼ turn Right whilst returning Right foot
- 7-8 Left foot touch to Left side, Left next to right

Tag 2 At end of Wall 10

MONTEREY ¼ TURN ON YOUR RIGHT FOOT FOR 4 COUNTS

- 5-6 Right touch to Right side, ¼ turn Right whilst returning Right foot
- 7-8 Left foot touch to Left side, Left next to right