

# Heart Attack

Count: 32

Wand: 2

Ebene: Improver

Choreograf/in: Bambang Satiyawan (INA) - April 2025

Musik: Heart Attack (feat. Loredana) - Noizy



\*\*\*3 tags, 1 restart

Start dance on vocal, after intro 16 counts

## **TAG 1 4 counts, AFTER WALL 1 & 7**

- 1 – 2 Step RF to side with chest contraction, Hold step with chest contraction
- 3 – 4 Close LF to RF with chest contraction, Hold step with chest contraction

## **Tag 2 4 counts, ON WALL 5 AFTER 16 counts and then restart**

- 1 – 2 Turn  $\frac{1}{8}$  left Step RF to side with chest contraction, Hold with chest contraction (09.00)
- 3 – 4 Turn  $\frac{1}{4}$  left Step LF to side with chest contraction, Hold with chest contraction (06.00)

## **SECTION I. DIAGONAL RIGHT SAMBA WALK - DIAMOND $\frac{1}{4}$ LEFT**

- 1 – 2 Turn  $\frac{1}{8}$  right Step RF forward, Step LF forward
- 3 – a4 Step RF forward, Ball LF beside RF, Step RF forward
- 5&6& Cross LF over RF, Step RF to side, Step LF back, Hitch RF
- 7 & 8 Step RF back, Turn  $\frac{1}{8}$  left Step LF to side, Turn  $\frac{1}{8}$  left Step RF forward (10.30)

## **SECTION II. SYNCOPATED LOCK SHUFFLE - FORWARD MAMBO - HITCH - COASTER STEP**

- 1&2& Step LF forward, Step lock RF behind LF, Step LF forward, Step lock RF behind LF
- 3 & 4 Step LF forward, Step lock RF behind LF, Step LF forward
- 5&6& Rock RF forward, Recover on LF, Step RF back, Hitch LF
- 7 & 8 Step LF back, Close RF beside LF, Step LF forward

## **SECTION III. SAMBA WHISK (R-L) - VOLTA TURN $\frac{5}{8}$ RIGHT**

- 1 – a2 Step RF to side, Ball LF behind RF, Step RF in place
- 3 – a4 Step LF to side, Ball RF behind LF, Step LF in place
- 5 a6 Turn  $\frac{1}{8}$  right Step RF forward, Step ball LF beside RF, Turn  $\frac{1}{4}$  right Step RF forward, Step ball LF beside RF
- a7 a8 Turn  $\frac{1}{8}$  right Step RF forward, Step ball LF beside RF, Turn  $\frac{1}{8}$  right Step RF forward (06.00)

## **SECTION IV. L MERENGUE ACTION WITH BOUNCE - SAMBA WHISK R - SIDE AND DRAG**

- 1 – 2 Part weight Step LF to side with bounce, Part weight Step RF to side with bounce
- 3 – a4 Weight change to LF, Step RF crossed behind LF, Step LF in place
- 5 – a6 Step RF to side, Ball LF behind RF, Step RF in place
- 7 – 8 Step LF to side and drag RF into LF, Touch RF beside LF

Enjoy the dance...

Contact person: bambang.1709@gmail.com