

Folsom Prison

Count: 44

Wand: 4

Ebene: Beginner

Choreograf/in: Becky Shenefiel (USA) - January 2025

Musik: Folsom Prison Blues - Johnny Cash : (Live at Folsom State Prison)



S1: CHA CHA BOX:R SIDE, TOGETHER, R CHA CHA BACK, L SIDE TOGETHER, CHA CHA UP

- 1-2 Step R to right side, step L beside R,
- 3&4 Cha cha back with R foot or triple steps back RLR
- 5-6 Step L to left side, step R beside L
- 7&8 Cha cha up with L or triple steps up LRL

S2: R FWD ROCK, CHA CHA BACK, L BACK ROCK, CHA CHA UP

- 1-2 R forward rock, recover weight on L
- 3&4 Cha cha back with R or triple steps back RLR
- 5-6 L back rock, recover weight on R
- 7&8 Cha cha fwd with L or triple steps fwd LRL

S3: JAZZ BOX TO R (X2)

- 1-4 Cross R over L, step L back, turn 1/ 4 to right and step R to R side, step L beside R
- 5-8 Cross R over L, step L back, turn 1/ 4 to right and step R to R side, step L beside R

S4: DOUBLE HIP BUMPS TO R & L, SINGLE HIP BUMPS RLRL

- 1-4 Double hip bumps to R side (weight on R), double hip bumps to L side (weight on L)
- 5-8 Single hip bumps, RLRL

S5: CHARLESTON AND TURNING CHARLESTON 1/ 4 TO R

- 1-4 Step R foot forward, kick with L, step back L, touch R beside L
- 5-8 Turn 1/ 4 R as you step R foot forward, kick with L, step back L, touch R beside L

S6: R & L SIDE STEP TOUCH

- 1-2 Step R foot to right side, touch L beside R
- 3-4 Step L foot to left side, touch R beside L

Note: Because of the count to Folsom Prison Blues I added the side step touches. But you can do this to 40 count song by eliminating the side step touches.
