

Sway Dancing

Count: 32

Wand: 4

Ebene: Improver Cha Cha

Choreograf/in: BeBe (KOR) & Amo (KOR) - May 2025

Musik: Sway Dancing - Rita Hayworth



intro : 22 secs. into track. Start with the lyrics "start to play"

Sec 1. Side, rock back, lock shuffle fwd, 1/4R fwd, pivot 1/2 back lock shuffle

- 1 - 2 - 3 Step Lf to L side, rock Rf back, recover on Lf
- 4 & 5 Step Rf fwd, step Lf behind Rf, step Rf fwd
- 6 - 7 1/4R step Lf fwd, 1/2L step Rf back (Weight on right foot)
- 8 & 1 Step Lf back, step Rf cross over Lf, step Lf back

Sec 2. Hip twist(Right,Left), side chasse, spot turn 3/4R, turn 1/4R side chasse

- 2 - 3 Hip twist(Right,Left)
- 4 & 5 Step Rf to R side, step Lf together, step Rf to R side
- 6 - 7 1/4R step Lf fwd, 1/2R step R (3/4R across body)
- 8 & 1 1/4R step Lf to L side, step Rf together, step Lf to L side

Sec3. 1/4L check, recover, 1/4R side chasse, fwd, side point, fwd, side point

- 2 - 3 1/4L step fwd on Rf, recover on Lf
- 4 & 5 1/4L step Rf to R side, step Lf together, step Rf to R side
- 6 - 7 Step Lf fwd, point Rf to R side
- 8 - 1 Step Rf fwd, point Lf to L side

Sec 4. 1/4R rock fwd, recover, 1/4L coaster,hold, lock shuffle fwd

- 2 - 3 1/4R rock Lf fwd, recover on Rf
 - 4 & 5 1/4L step Lf back, step Rf together, step Lf fwd
 - 6 Hold
 - 7 & 8 Step Rf fwd, step Lf behind Rf, step Rf fwd
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