

Built For This

Count: 48

Wand: 2

Ebene: Phrased Improver

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Musik: Built for This - Valley Of Wolves

Sequence : A B tag A A'(16) A B tag A A

Intro : 32count

Part A: 32c

Sec1 : Heel grind switch, Jazz box 1/4 turn Right

- 1 2& R heel Cross over LF, LF to left side, close RF next to LF
- 3 4& L heel Cross over RF, RF to right side, close LF next to LRF
- 5&6 Cross RF over LF, Step back LF 1/4 turn Right, RF to right side, Cross LF over RF

Sec2 : Side rock change RL, side toe switch RLR, flick ending

- 1 2& Step RF to right side, recover on LF, Close RF next to LF
- 3 4& Step LF to left side, recover on RF, Close LF next to RF
- 5&6 Point R to right side, Step RF next to LF, Point L to left side
- &7 Step LF next to RF, Point R to right side
- 8 Flick R back

Sec3 : 1/4 pivot L, Cross shuffle R, 1/2 hinge R, Cross shuffle L

- 1-2 RF step forward, 1/4 turn L weight on LF
- 3&4 RF cross over LF, LF to left side, RF cross over LF
- 5-6 1/4 turn R & LF step back, 1/4 turn R & RF to right side
- 7&8 LF Cross Over RF, RF to right side, LF cross over LF RF

Sec4: Right side, 1/4 Hook Left, L shuffle fwd, 1/4 turn L Right side big step & Drag, L sailor

- 1-2 Step RF to right side, 1/4 turn left to hook L
- 3&4 Step LF forward, Step RF next to LF, Step LF forward
- 5-6 1/4 turn L & Step RF a big step to right side, drag LF toward RF
- 7&8 Step LF behind RF, Step RF to right side, Step LF to left side

Part B: 16c

Sec1: R cross rock & R side & drag, L cross rock& L side& drag

- 1-2 Cross RF over LF, recover on LF
- 3-4 Step RF to right side, drag LF towards RF
- 5-6 Cross LF over RF, recover on RF
- 7-8 Step LF to left side, drag RF towards LF

Sec2: 1/2 pivot left, R Forward Shuffle, L forward rock, L Back & drag

- 1-2 Step RF forward, 1/2 turn L & putting weight on LF
- 3&4 Step RF forward, Step LF next to RF, Step RF forward
- 5-6 Step LF forward, recover on RF
- 7-8 Step LF back, drag RF towards LF

Tag: 2 hold, 2 stomp

- 1-2 Hold, hold
- 3-4 Double stomp R

The 3rd Sequence A, Dance to count 15, then on count 16-1/4 turn L & hitch R
