

# Shake Your Body

**COPPER** KNOB  
STEPSHEETS

Count: 32

Wand: 1

Ebene: Absolute Beginner

Choreograf/in: Shuanta Porter (USA) - May 2025

Musik: Shake Your Body (Down to the Ground) - The Jacksons : (Album: Destiny (expanded version))



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## [1-8] WALK TO R, WALK TO L

1-4 Step R to Side, Step L Across R, Step R to Side, Touch L

5-8 Step L to Side, Step R Across L, Step L to Side, Touch R

## [9-16] WALK BACK, JUMP FORWARD, SHAKE HIPS

1-4 Walk Back L, R, L, Touch R

&5-8 Jump Fwd R, Jump Fwd L, Shake Hips for 3 Counts

## [17-24] 1/4 PIVOT L (2X), JUMP FORWARD, SHAKE HIPS

1-4 Step R Fwd, 1/4 Pivot L, Step R Fwd, 1/4 Pivot L

&5-8 Jump Fwd R, Jump Fwd L, Shake Hips for 3 Counts

## [25-32] 1/4 PIVOT L (2X), STEP & POINT (2X)

1-4 Step R Fwd, 1/4 Pivot L, Step R Fwd, 1/4 Pivot L

5-8 Step R Across L, Point L to Side, Step L Across R, Point R to Side

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