A Long, Lonely Time

Ebene: High Beginner - waltz

Choreograf/in: Katarina Sherrina (INA) - May 2025

Musik: Unchained Melody (Slow Waltz / 30 Bpm) - Ballroom Orchestra & Singers

NO TAG & NO RESTART

Count: 24

S1. CROSS - SWEEP

- 123. Cross LF over RF, Sweep RF from back to front 2 times
- 456 Cross RF over LF , Sweep LF from back to front 2 times

S2. TWINKLE - ¼R. TWINKLE

- 123. Cross RF over LF, Rock RF to the right, Recover onto LF
- 456. Cross RF over LF, ¼R. Rock LF to the left, Recover onto RF

S3. WEAVE - BODY SWING

- 123. Cross LF over RF, Step RF to the right, Cross LF behind RF
- 456 Step RF to the right while swing your body the right,

swing your body to the left, swing your body to the right

S4. ½L. BASIC BACK WALTZ - BASIC BACK WALTZ

- 123. Step LF forward, ¹/₂Turn L. Step RF back, Step LF next to RF
- 456. Step RF back, Step LF next to RF, Step RF in place

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Wand: 4