

APT AB

Count: 64

Wand: 4

Ebene: Absolute Beginner

Choreograf/in: Mary Pentangelo (USA) - May 2025

Musik: APT - Rose & Bruno Mars



Level: Absolute Beginner (first 32 counts mirror)

Begin dance right after "Game Start"

[1-8] RF Fwd Diagonal Step & LF Tap, LF Fwd Diagonal Step and RF Tap (Repeat)

- 1-2 RF step fwd at RT diagonal, LF tap next to RF
- 3-4 LF step fwd at LT diagonal, RF tap next to LF
- 5-6 RF step fwd at RT diagonal, LF tap next to RF
- 7-8 LF step fwd at LT diagonal, RF tap next to LF

[9-16] RF Heel Tap Fwd and Replace, LF Heel Tap Fwd and Replace, RF Heel Tap Fwd and Hold, RF Double Heel Tap

- 1-4 RF tap fwd, replace back, LF tap fwd, replace back
- 5-6 RF tap fwd, hold ct 6
- 7&8 RF double tap from hold position

[17-24] RF Back Diagonal Step & LF Tap, LF Back Diagonal Step and RF Tap (Repeat)

- 1-2 RF step back at RT diagonal, LF tap next to RF
- 3-4 LF step back at LT diagonal, RF tap next to LF
- 5-6 RF step back at RT diagonal, LF tap next to RF
- 7-8 LF step back at LT diagonal, RF tap next to LF

[25-32] RF Heel Tap Fwd and Replace, LF Heel Tap Fwd and Replace, RF Heel Tap Fwd and Hold, RF Double Heel Tap

- 1-4 RF tap fwd, replace back, LF tap fwd, replace back
- 5-6 RF tap fwd, hold ct 6
- 7&8 RF double tap from hold position

[33-40] RF Step Touch to RT, RF Step Tap, RF Rock Recover LF, RF Step Side & Hold

- 1-4 RF step side, LF step next to RF, RF step side, LF tap next to RF
- 5-8 LF rock fwd at RT diagonal, recover RF, LF step side, hold ct 8

[41-48] LF Weave to LT, Hold, Bounce Heels 2x

- 1-4 RF cross in front of LF, LF step side, RF cross in back of LF, LF step side
- 5-8 RF step next to LF, hold ct 6, bounce the heels twice for ct 7 and ct 8

[49-56] R&L Step Taps, RF Rocking Chair

- 1-4 RF step to side, LF tap next to LF, LF step side, RF tap next to LF
(lead with the hip as you step out, arms reach out and bring back and snap as the foot taps down)
- 5-8 RF rock fwd, recover LF, RF rock back, recover LF

[57-64] R&L Walk Fwd, 1/4 Pivot Turn, RF Cross Fwd & Point LF Side, LF Cross Back, RF Tap/Point Slightly Fwd of LF with Bent Knee

- 1-4 RF walk fwd, LF walk fwd, RF ¼ pivot turn over LT shoulder
- 5-8 RF cross in front of LF, LF point side, LF cross in back of RF, RF taps slightly in front of LF with a bent knee

Restart the dance ☐

Thank you for checking out my dance!
www.heartandsoullinedance.com

Last Update: 26 May 2025
