

Afterlife

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Sonny V. (DE) - May 2025

Musik: Afterlife - Michael Schulte



***2 Restarts after 16 cts.**

The dance starts after 8 counts, together with lyrics

Section 1 [1-8] Travelling Cross Samba 2x, Jazz Box Flick

- 1&2 RF slightly cross over LF – LF rock left travelling fwd. – recover on RF
- 3&4 LF slightly cross over RF – RF rock right travelling fwd. – recover on LF
- 5–6 RF cross over LF – LF step back
- 7–8 RF step right – LF flick back up (behind R leg)

Section 2 [9-16] Chassé Left, Rock Back, Recover, Big Step Right, Drag, Back, Touch

- 1&2 LF step left – RF step next to LF – LF step left
- 3–4 RF rock back – recover on LF
- 5–6 RF big step right – LF drag right towards RF (weight stays on RF)
- 7–8 LF back – RF touch next to LF

***Restart the dance here in wall 3 (6:00) and wall 7 (9:00)**

Section 3 [17-24] Shuffle Fwd., Shuffle ½ Turn Right/Sweep, Behind, Side, Cross Rock, Recover

- 1&2 RF step fwd. – LF step next to RF – RF step fwd.
- 3&4 ¼ turn right step LF left (3:00) – RF step next to LF – ¼ turn right step LF back sweeping RF to back (6:00)
- 5–6 RF behind LF – LF step left
- 7–8 RF cross rock over LF – recover on LF

Section 4 [25-32] Sailor ¼ Turn Right, Walk L-R, Anchor Step, Back, Hop Back Together/Flick

- 1&2 ¼ turn right stepping RF behind LF (9:00) – LF step left – RF step fwd.
- 3–4 LF walk fwd. – RF walk fwd.
- 5&6 LF behind RF – RF step in place – LF step in place
- 7–8 RF back – LF hop next to RF and flick RF back up (rather to right side)

Easier option: if you don't want to hop/flick on count 8 just close LF next to RF

Start again and have fun! ☐

Contact: s.vocke@gmx.net