And So We Pray



Count: 32 Wand: 4 Ebene: Beginner

Choreograf/in: Becky Hawthorne (USA) - May 2025

Musik: WE PRAY - Coldplay, Little Simz, Burna Boy, Elyanna & TINI



Intro: 32 counts - No restarts, no tags

Section 1: PRESS, HOLD, STOMP, HOLD, WEAVE

1	Press	(partial	weight)	RF to	R fo	orward	diagonal

2 Hold and push up slightly off floor at the end of count 2

3, 4 Stomp RF to R forward diagonal, Hold
5, 6 Step LF behind R, Step RF to R side
7, 8 Cross LF over R, Step RF to R side

Section 2: PRESS, HOLD, STOMP, HOLD, WEAVE

1	Press (partial weight) LF to L forward diagonal
2	Hold and push up slightly off floor at the end of count 2
3, 4	Stomp LF to L forward diagonal, Hold

5, 6 Step RF behind L, Step LF to L side 7, 8 Cross RF over L, Step LF to L side

Section 3: 1/4 HEEL SWIVELS, BACK, HEEL, BACK, HEEL, FORWARD, TOGETHER

1	1/4 Swivel R heel in so RF is pointed toward 3:00

2 1/4 Swivel L heel out so both feet & body now face 3:00

3, 4 Step RF back, Touch L heel forward
5, 6 Step LF back, Touch R heel forward
7, 8 Step RF forward, Step LF next to RF

Section 4: OUT, HOLD, OUT, HOLD, SWAYS

1, 2	Step RF out to R side, Hold
3, 4	Step LF out to L side, Hold

5, 6, 7, 8 Sway R, L, R, L

Optional styling counts 5-8: Sway by only raising and lowering heels. Raise arms to about shoulder height with palms facing up.

Music note: There are several versions of this song which feature the different artists in the collaboration. I personally prefer the TINI version, but the dance will work to any version.

Becky Hawthorne: beckyhawthornetx@gmail.com