Support (搀扶)

Count: 32

Ebene: High Beginner

Choreograf/in: Penny Tan (MY) & Shirley Bang (MY) - June 2025 Musik: Chan Fu (搀扶) - Gean Lim (林必媜)

Dance start from vocal. No Tag No Restart

SEC1: SWAY, SWAY, SIDE CHASSE (R-L)

- Step RF to R with sway, step LF on L with sway 1-2
- 3&4 Step RF to R ,step LF next to RF , step RF to R
- 5-6 Step LF to L with sway, step RF on R with sway
- 7&8 Step LF to L, step RF next to LF, step LF to L

SEC2:FWD WITH HITCH (R-L), FWD, RECOVER, ¼ TURN R SIDE, FWD WITH HITCH (L-R), FWD, **RECOVER**, ¼ TURN L SIDE

- 1-2 Step RF fwd with hitch L knee in a figure 4 (or just hitch L knee fwd), step LF fwd with hitch R knee in a figure 4 (Or just hitch R knee fwd)
- 3&4 Step RF fwd, recover on L, 1/4 turn R, step RF to R side (3:00)
- Step LF fwd with hitch R knee in a figure 4 (Or just hitch R knee fwd), step RF fwd with hitch 5-6 L knee in a figure 4 (or just hitch L knee fwd)
- 7&8 Step LF fwd, recover on R, 1/4 turn L, step LF to L side (12:00)

SEC3: SYNCOPATED WEAVE, CROSS, RECOVER, SIDE, CROSS, RECOVER, SIDE, WALK FWD R-L

- Cross RF over LF, step LF to LF, step RF behind LF, step LF to L 1&2&
- 3-4& Cross RF over LF , recover on L , step RF to R
- 5-6& Cross LF over RF, recover on R, step LF to L
- 7-8 Walk RF fwd , walk LF fwd

SEC4: PIVOT 1/2 L, PIVOT 1/4 TURN L, ROCKING CHAIR

- Step RF fwd, 1/2 turn L, step Lf fwd (6:00) 1-2
- 3-4 Step RF fwd, 1/4 turn L, step LF to L (3:00)
- 5-8 Rock RF fwd, recover LF, rock RF backwards, recover LF

Have fun and happy dancing!





Wand: 4