The Nitty Gritty



Count: 64 Wand: 1 Ebene: Beginner

Choreograf/in: Sue French (AUS) - June 2025

Musik: The Nitty Gritty - Shirley Ellis



Start: On vocals

RIGHT AND LEFT FORWARD DIAGONAL TOUCHES

1-2 touch R across L, return to centre3-4 touch L across R, return to centre

5-8 repeat 1-4

WALK BACK X4, DOUBLE TAP WALKING FORWARD

9-10 step R back, step L back

11-12 repeat 9-10

touch R forward, step R in place touch L forward, step L in place

RIGHT BRUSHES X3, STEP IN PLACE

17-18 kick R in front brushing ball of foot, kick R back brushing ball of foot

19-20 kick R in front brushing ball of foot, return to centre

21-22 step L in place twice 23-24 step R in place twice

LEFT BRUSHES X3, STEP IN PLACE

25-26 kick L in front brushing ball of foot, kick L back brushing ball of foot

27-28 kick L in front brushing ball of foot, return to centre

29-30 step R in place twice

31-32 step L in place, touch L in place

HEEL DIGS, STAND ON TOES

33-34 touch L heel in front, return to centre

35-36 stand on both tip toes, place both heels down, repeat

37-38 touch R heel in front, return to centre

39-40 stand on both tip toes, place both heels down, repeat

TOUCHES X2, TWISTS X4

41-42 touch R in front, return to centre 43-44 touch L in front, return to centre

45-48 with weight on balls of feet twist body R, L, R, L

STEP IN PLACE WITH SIDE KICKS

step R in place, step L in place
step R in place, kick L out to left side
step L in place, step R in place
step L in place, kick R out to right side

WALK IN A CIRCLE

57-58 step R to right, step L to right

59-64 repeat 57-58 so you are facing 12:00

REPEAT

(This line dance was inspired by Bobby Banas' original choreography for The Nitty Gritty in 1963)	