

Count: 32

Wand: 4

Ebene: High Improver

Choreograf/in: Gregory Danvoie (BEL) &amp; José Miguel Belloque Vane (NL) - June 2025

Musik: Me &amp; You - Ella Henderson

**SEC 1 Cross rock, recover, side chasse, heel grind with ¼ turn, coaster step**

- 1-2 RF cross rock over LF, recover on LF (12:00)
- 3&4 RF step to the R side, LF step next to RF, RF step to the R side (12:00)
- 5-6 LF heel forward & turn ¼ turn to the L side (09:00)
- 7&8 LF step back, RF step next to LF, LF step forward (09:00)

**SEC 2 Walk X2, kick-ball-step, step fwd, pivot ½ turn, shuffle back with ½ turn**

- 1-2 RF step forward, LF step forward (09:00)
- 3&4 RF kick forward, LF step next to RF, RF step forward (09:00)
- 5-6 RF step forward, pivot with ½ turn to the L (03:00)
- 7&8 RF step the R side with ¼ turn to the L, LF step next to RF, RF step back with ¼ turn to the L (09:00)

**\*STEP MODIFICATION + RESTART****SEC 3 Big step with ¼ turn, slide, back rock, recover, side & touch X2**

- 1-2 LF big step to the L side with ¼ turn to the L, RF slide next to LF (06:00)
- 3-4 RF back rock, recover on LF (06:00)
- 5-6 RF step to the R side, LF touch next to RF (06:00)
- 7-8 LF step to the L side, RF touch next to LF (06:00)

**SEC 4 Rolling vine with a shuffle ¼ turn, rock fwd, recover, coaster step (or triple full turn)**

- 1-2 RF step forward with ¼ turn to the R, LF step back with ½ turn to the R (03:00)
- 3&4 RF step to the R side with ¼ turn to the R, LF step next to RF, RF step forward with ¼ turn to the R (09:00)
- 5-6 LF rock forward, recover on RF (09:00)
- 7&8 Triple full turn to the L side (L-R-L) (09:00)

**EASY OPTION: LF step back, RF step next to LF, LF step forward (09:00)****TAG: at the end of wall 2 (facing 12:00)**

- 1-4 RF touch to the R side with ½ turn to the L, hold time X3

**Gestual: push both palms' hands to the side**

- 5-8 RF step forward, LF slide next to RF on 3 counts

**Gestual: touch temple with your fingers when the music is seeing "LOSE YOUR MIND "**

- 1-4 LF step to the L side, RF slide next to LF on 3 counts

**Gestual: push both palms' hands to the side**

- 5-6 RF cross rock over LF with LF back flick cross behind RF, recover on LF
- 7-8 RF step to the R side with a LF kick forward, recover on LF with a back flick with RF & Snap with both arms

**TAG: at the end of wall 6 (facing 12:00) but make a pivot with ¾ turn to arrive at 12:00****\*STEP MODIFICATION + RESTART: wall 5****Change counts 7&8:**

- 7-8 RF step back with ½ turn to the L, LF step to the L side with ¼ turn to the L