

There is No Shame

COPPER KNOB
STEPPSHEETS

Count: 64

Wand: 4

Ebene: Improver

Choreograf/in: Ken McMillin (USA) - May 2025

Musik: No Shame - Jeff Bates



Intro: 32 ct.

Side, behind, side, cross, side, behind, side, cross rock, recover, step

1,2,3,4 RF to R side, LF behind RF, RF to R side, LF cross over RF

5,6, &7&8 FR to R side, LF behind RF, RF side, LF cross rock, recover to RF, Step on LF

Back sweep, back sweep, coaster, fwd sweep, fwd sweep, cross, back ¼ l, close

1,2,3&4 RF back sweep, LF back sweep, RF back, LF Close, RF fwd (coaster)

5,6,7&8 LF fwd sweep, RF fwd sweep, LF cross over RF, RF back ¼ turn L, LF close

Step, lock, step, lock, step, step, pivot, walk, walk

1,2,3&4 RF step fwd, LF lock, RF step, LF lock, FR step

5,6,7&8 LF step fwd, pivot ½ to RF, LF walk fwd, RF walk Fwd

Rock, recover, coaster cross, side rock, recover, back V step

1,2,3&4 LF rock fwd, recover to RF, LF back, RF close, LF cross over RF fwd (coaster cross)

5,6&7&8 RF side rock, recover to LF, RF back (out), LF back, (out), RF fwd (in) LF fwd (in)

Side, close, chasse, side, hold, rock back, recover, close

1,2,3&4 RF to R side, LF close, RF to R chasse (r,l,r)

5,6,7&8 LF to L side, hold, RF rock back, recover to LF, RF close

Side, close, chasse, rock back, recover, step fwd ¼ turn L, close

1,2,3&4 LF step to L side, RF close, L chasse (l,r,l)

5,6,7&8 RF rock back, recover to LF, RF step fwd ¼ L turn, LF close

Side, close, chasse, rock back, recover, behind, ¼ turn L, close

1,2,3&4 LF to L side, RF close, l chasse (l,r,l)

5,6,7&8 RF rock back, recover to LF, RF back, LF fwd ¼ turn L, RF close

R Jazz box, back, hold, back, touch

1,2,3,4 RF cross over LF, LF back, RF ¼ r to R side, LF close

5,6,7,8 RF back, hold, LF back, RF touch Learn – Dance – Enjoy - Share