

Mantanku

Count: 64

Wand: 4

Ebene: Phrased Improver

Choreograf/in: Roosamekto Mamek (INA) - June 2025

Musik: Apa Kabar Mantan - NDX AKA



Intro : 32 count (approximately 00:16 secs)

SEQUENCE :

A, A, TAG, A, A

A, A, TAG, A, A

B, B

A, A, TAG, A, A

PART A (32 COUNT)

A1. VINE (R & L)

1-4 Step R to side – Cross L behind R – Step R to side – Touch L together (12:00)

5-8 Step L to side – Cross R behind L – Step L to side – Touch R together

A2. SLOW REVERSE COASTER STEP, TOUCH

1-4 Step R forward – Step L together – Step R back – Touch L together

5-8 Step L forward – Step R together – Step L back – Touch R together

A3. V STEP, JAZZBOX CROSS TURN 1/4 RIGHT

1-4 Step R diagonal forward – Step L diagonal forward – Step R back to center – Step L together

5-8 Cross R over L – Turn 1/4 right step L back – Step R to side – Cross L over R (3:00)

A4. TOUCHES, SIDE, TOGETHER (R & L)

1-4 Touch R to side – Touch R together – Step R to side – Touch L together

5-8 Touch L to side – Touch L together – Step L to side – Touch R together (3:00)

PART B (32 COUNT)

B1. SCISSOR STEP (R & L)

1-4 Step R to side – Step L together – Cross R over L – Hold (12:00)

5-8 Step L to side – Step R together – Cross L over R – Hold

B2. BOX STEP

1-4 Step R to side – Step L together – Step R forward – Hold

5-8 Step L to side – Step R together – Step L back – Hold

B3. SLOW BACK MAMBO, SLOW FORWARD MAMBO

1-4 Rock R back – Recover on L – Step R forward – Hold

5-8 Rock L forward – Recover on R – Step L back – Hold

B4. K STEP

1-4 Step R diagonal back – Touch L together – Step L diagonal forward – Touch R together

5-8 Step R diagonal forward – Touch L together – Step L diagonal back – Touch R together

REPEAT

Tag (4 count) :

SIDE, TOUCH

1-4 Step R to side – Touch L together – Step L to side – Touch R together

For more info about step sheet & song, please contact:

