This Is Nightlife



Count: 32 Wand: 4 Ebene: Intermediate

Choreograf/in: Debbie Rushton (UK) - June 2025

Musik: This Is Nightlife - Yes Yes & Iwaro



Count in: After 32 counts

Tag: At the end of wall 1 and wall 4

WALK WALK R LOCK STEP, ROCK RECOVER, BEHIND SIDE CROSS

12	Walk forward R, L
1 4	vvalk lol wala i t, E

3&4 Step R forward, Lock L behind R, Step R forward

Fock forward on L, Recover back onto R sweeping L around

7&8 Cross L behind R, Step R to R side, Cross L over R

SIDE DRAG, BALL CROSS TURN SIDE HOLD & ROCK ROCK

12	Step R big step to R side, Drag L towards	R
1 4	Slep R big slep to R side, Diag L towards	J

&3 4 Step L beside R, Cross R over L, Make ¼ turn R stepping L back (3 oclock)

5 6 Make ¼ turn R stepping R to R side, Hold count 6 (6 oclock)

&7 8 Step L beside R, Step R out to R side pushing R hip out, Step L out to L side L pushing L hip

out

ROCK FLICK, CROSS SHUFFLE, ROCK 1/4 TURN, SHUFFLE 1/2 TURN

1 2	Rock R out to R side,	Recover onto L	angling body to L	diagonal and flick	R leg up behind

3&4 Cross R over L, Step L to L side, Cross R over L

Rock L out to L side, Recover onto R making 1/4 turn R (9 oclock)

7&8 Make ¼ turn R stepping L to L side, Step R beside L, Make ¼ turn R stepping L back

(3oclock)

BACK ROCK, CROSS ROCK RECOVER, CROSS ROCK RECOVER, STEP ½ TURN

12	Rock back on F	. Recover	forward onto L

3&4 Cross R over L, Rock L out to L side, Recover onto R
5&6 Cross L over R, Rock R out to R side, Recover onto L

7 8 Step R forward, Pivot ½ turn L taking weight onto L (9 oclock)

TAG – 32 counts (NC2 rhythm)

End of wall 1 facing 9 oclock

End of wall 4 facing 12 oclock

STEP SWEEP CROSS 1/4 TURN, SIDE DIP, CROSS ROCK

Step R forward, Sweep L around from back to frontCross L over R, Make ¼ turn L stepping R back

5 6 Step L to L side dipping body as you drag R towards L on 6

7 8 Cross rock R over L, Recover back onto L

SIDE ROCK, BACK ROCK, ¼ TURN ½ TURN STEP ½ TURN

1 2 Rock R out to R side, Recover onto L 3 4 Rock back on R, Recover onto L

Make ¼ turn L stepping back on R, Make ½ turn L stepping L forward

7 8 Step R forward, Pivot ½ turn L taking weight onto L

REPEAT THE ABOVE 16 COUNTS TO COMPLETE THE TAG