

# Locked In

Count: 48

Wand: 4

Ebene: Improver

Choreograf/in: Britt Beresik (USA) - June 2025

Musik: Locked In Your Lovin' Arms - Bill Nash



This special dance was written for and featured in the official music video of Locked In Your Lovin' Arms, produced by Bill's son Jimmy Nash. We had a flood of Houston area line dancers come together for the official filming at Mo's Place in Katy, Texas on Sunday March 23rd. Thank you to everyone who came to be a part of this video event!

Intro is 16 counts, start on lyrics at approximately 14 secs

\*1 TAG + RESTART on Wall 5

## [1-8] Right Diagonal Stomp and Swivel, Rock Back, Kick Ball Change

- 1-4 Angle facing L diagonal, Stomp R to side on right diagonal, Swivel L heel-toe-heel towards R [10:30]  
5-6 Rock L back, Recover R [10:30]  
7&8 Kick L fwd, Step back on L ball, Step R Fwd [10:30]

## [9-16] Left Diagonal Stomp and Swivel, Rock Back, Kick Ball Change

- 1-4 Rotate to face R diagonal, Stomp L to side on left diagonal, Swivel R heel-toe-heel towards L [1:30]  
5-6 Rock R back, Recover L [1:30]  
7&8 Kick R fwd, Step back on R ball, Step L Fwd [1:30]

## [17-24] Vine and Cross, Lindy

- 1-4 Rotate to face 12:00, Step R to right side, Cross L behind R, Step R to right side, Cross L over R [12:00]  
5&6 Chasse stepping R to right side, Step L next to R, Step R to right side  
7-8 Rock L behind R, Recover R [12:00]

## [25-32] 2X (Step Side – Behind Side Cross), Step with ¼L, Scuff

- 1-2&3 Step L to left side, Cross R behind L, Step L to left side, Cross R over L  
4-5&6 Step L to left side, Cross R behind L, Step L to left side, Cross R over L  
7-8 With ¼ turn L, Step L fwd, Scuff R fwd [9:00]

## [33-40] "TIED UP TIED DOWN" - V Step with arms, "LOCKED" - Cross with snap, 3x Heel Bounce with ½L Unwind

- 1-4 Step R fwd to right diagonal, Step L fwd to left diagonal, Step R back to center, Step L next to R\*

\*Tied Up/Down Arms: Cross R-L across onto opposite shoulders, Slap R-L hands on same side thighs

- 5-8 Cross R over L\*\*, Bounce both heels 3 times while unwinding ½ turn left and taking weight on L [3:00]

\*\*Locked Arms: Snap out to sides at waist level with elbows in and bent

TAG & RESTART on WALL 5, also ENDING OPTION on WALL 6

## [41-48] Step Fwd, Touch, Step Back, Touch, Slow Coaster with 2 Stomps

- 1-4 Step R fwd bending fwd, Touch L next to R (clap), Step L back standing up, Touch R next to L (clap)  
5-8 Step R back, Step L next to R, Stomp R forward, Stomp L next to R [3:00]

TAG during WALL 5 – Dance 1-40, then facing 3:00:

On the cue "arms" Cross R over L a 2nd time (arms crossing at chest level), slow full turn unwind Left back to 3:00

The 4 count drum beat will cue when to count in 5-8: HOLD (5), HOLD (6), STOMP R (7), STOMP L (8);  
RESTART WALL 6

ENDING OPTION – Dance 1-40 of Wall 6 starting at 3:00 to 6:00, then facing 6:00:  
Cross R over L a 2nd time (arms crossing at chest level), slow 1/2 turn unwind Left back to 12:00

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Last Updated: 6/2/2025

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