

Am I Ok... With the the Basics?

Count: 32

Wand: 4

Ebene:

Choreograf/in: Jaimi Krummen (USA) - June 2025

Musik: Am I Ok? - Megan Moroney

oder: The Way I Talk - Morgan Wallen

oder: Drink With You - Brett Young



No Tags 1 Restart

Music: Am I Ok, Megan Maroney

RHUMBA BOX

- 1-2 Step Rf to R side, step Lf next to R
- 3-4 Step Rf forward, touch Lf next to R
- 5-6 Step Lf to L side, step Rf next to L
- 7-8 Step Lf backward, touch Rf next to L

LINDY RIGHT, LINDY LEFT

- 1&2 Side Shuffle RLR
- 3-4 Cross-rock Lf behind right, Recover Rf
- 5&6 Side Shuffle LRL
- 7-8 Cross-rock Rf behind left, Recover Lf

***Restart here on Wall 5, facing 12:00.**

ROCKING CHAIR, 1/4 JAZZ CROSS

- 1-2 Rock Rf forward, Recover Lf
- 3-4 Rock Rf backward, Recover Lf
- 5-6 Cross Rf over Lf, Step Lf back
- 7-8 1/4 turn stepping Rf, step Lf over Rf

K STEP (with or without claps)

- 1-2 Step Rf to right diagonal forward, touch Lf
- 3-4 Step Lf left diagonal back, touch Rf
- 5-6 Step Rf to right diagonal backward, touch Lf
- 7-8 Step Lf left diagonal forward, touch Rf

Other songs that work:

The Way I Talk, by Morgan Wallen

Drink With You, by The Way I Talk,
