

CHL (Cold Hearted Lover)

COPPER KNOB
STEPSHEETS

Count: 32

Wand: 4

Ebene: Absolute Beginner

Choreograf/in: Celia Costa (USA) - July 2025

Musik: Cold Hearted - Paula Abdul : (Greatest Hits)



Intro: 32 counts

No Tags, No Restarts

Section 1: RF ROCK BACK, RECOVER, STEP 1/4 TURN LEFT, RF ROCKING CHAIR

1,2,3,4 Rock back on RF, recover onto LF, RF steps forward, 1/4 turn left (9:00)

5,6,7,8 Rock forward on RF, recover on LF, Rock back on RF, Recover on LF

Section 2: V-STEP x2

1,2,3,4 RF steps out onto R diagonal, LF steps out onto L diagonal, step RF back diagonal, step LF back diagonal next to RF

5,6,7,8 Repeat above

Section 3: R HEEL STRUT, L HEEL STRUT, R HEEL STRUT, L HEEL STRUT

1,2,3,4 Step R heel forward, drop R toe, step L heel forward, drop L toe

5,6,7,8 Step R heel forward, drop R toe, step L heel forward, drop L toe

Section 4: DIAGONAL STEPS BACK WITH TOUCH

1,2,3,4 RF steps diagonally back, LF touches next to R, LF steps diagonally back, RF touches next to L

5,6,7,8 RF steps diagonally back, LF touches next to R, LF steps diagonally back, RF touches next to L

Begin Again

Optional Ending, if using this 3:36 song version: On wall 13, replace counts 3,4 (of Section 1) with two small steps forward, then continue to end of song.

Contact: celia828nc@gmail.com

This dance was choreographed so absolute beginners can have a dance to this fun retro song.
Hope everyone enjoys.

Last Update: 3 Jul 2025