Rainiers in Redding

Ebene: High Beginner

Choreograf/in: David Crosby (USA) - July 2025

Musik: Rainiers in Redding - Joel Gibson Jr.

Intro: 32 counts (16 secs), Start weighted L facing 12:00 - No tags. No restarts.

Out R on Heel, Out L on Heel, Coaster R, L Heel Grind with ¼ turn L, Rock Back L, Recover R

- Step out and forward onto R heel, step out and forward L onto L heel 1.2
- 3&4 Coaster step R L R

Count: 32

- 5, 6 Step out L heel, grind ¼ turn L, step back R
- 7,8 Rock back L, recover R

L Toe Strut, R Toe Touch and Kick, Hop Back, Clap, Hop Cross R over L, Clap

- 1,2 Tap L toe forward (1), weight L (2)
- Tap R toe forward (3), kick forward (4) 3,4
- &5.6 Hop slightly back R, L (&5), Clap (6)
- Hop/Cross by placing L slightly behind R and then L over R (&7), Clap (8) &7,8

Unwind ½ Turn L, Rock Back L, Recover R, Hop Forward, Clap, Hop Cross L over R, Clap

- 1, 2 Unwind L ¹/₂ turn (Styling option: bounce on your toes on the beat as you turn)
- 3, 4 Rock back L, Recover R
- &5,6 Hop slightly forward L, R (&5), Clap (6)
- &7,8 Hop/Cross by placing R slightly behind L and R over L (&7), Clap (8)

Unwind ½ Turn R, Rock Back R, Recover L, Kick/Ball Change R x 2

- Unwind R ¹/₂ turn (Styling option: bounce on your toes on the beat as you turn) 1, 2
- 3, 4 Rock R, recover L
- 5&6 Kick R, Step R, Step L
- Kick R, Step R, Step L 7&8





Wand: 4