Bad Dreams AGAIN !?!



Count: 32 Wand: 4 Ebene: Beginner

Choreograf/in: Val Saari (CAN) - July 2025

Musik: Bad Dreams (HUGEL Remix) - Teddy Swims



INTRO: 32 counts, Begin on the word "you"

No tags, no Restarts

STEP-TAPS BEHIND X 2 (RL), LINDY RIGHT

Step RF to right side, Tap LF toes behind R (optional shoulder shimmies)
 Step LF to left side, Tap RF Toes behind L (optional shoulder shimmies)

5&6 Shuffle right, RLR

7-8 Rock back on LF, Recover on RF

STEP TAPS X 2 (LR), LINDY LEFT PIVOT 1/4 R

Step LF to left, Tap RF toes behind Left (optional shoulder shimmies)
 Step RF to right, Tap LF toes behind Right (optional shoulder shimmies)

5&6 Shuffle left, LRL

7-8 Rock back on RF pivot 1/4 R, Recover on LF

WALK FORWARD R,L,R, KICK, SHUFFLE BACK, ROCK/RECOVER

1-2 Walk forward, RF, LF

3-4 Walk forward RF, Kick LF forward

5&6 Shuffle back, LRL

7-8 Rock back on RF, Recover on LF

K-STEP

Step RF diagonally forward, Touch LF beside RF
Step LF diagonally back, Touch RF beside LF
Step RF diagonally back, Touch LF beside RF
Step LF diagonally forward, Touch RF beside LF

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