

# In the Blood!

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Yvonne Kistorz (DE) - July 2025

Musik: In the Blood - John Mayer



**Intro: 16 Counts (starting the dance with the vocals)**

**FW-Side-Back, Back-side-fw (1/4 Turn to R), Step-Low Backhook, Back-Siderock (3/8 turn to R)**

12& RF fw-LF side L-RF back  
34& LF back-, RF to side R-LF fw (1/4) (03.00)  
56 RF fw-LF low hitch  
78& LF back, RF side to R (3/8 to R), recover onto L (1/8 to R) (09.00)

**Back-Hook, FW-Siderock(1/4 Turn to L) Crossrock- RF Sailor Step (1/2 Turn to R)**

12 RF back, LF low Hook cross RF (09.00)  
34& LF fw, RF side to R (1/4 to L), recover to LF (06.00)  
56& RF cross, recover onto LF, RF sweep to the back  
7&8 RF sailor (1/2 Turn to R) (12.00)

**Step turn (1/4 to Left), Lock FW scuff (brush)-Step-Cross Behind, Twist Turn (3/4 to L)**

1&2 LF fw (1/4 turn to L), draw RF towards LF, RF fw  
3&4 LF fw, RF lock behind, LF fw (you can move diagonally)  
5&6 RF Scuff (brush) fw, RF fw, LF cross behind RF (03.00)  
78 twist Turn (3/4 Turn to L), ending with weight on LF (06.00)

**High sweep to the front-Coaster cross, RF side to R, 3 Steps curving (3/4 Turn to L)**

12 RF high Sweep from back to the front, RF Cross  
3&4 LF back, RF together, LF cross LF  
56 RF Step side to R (LF hold pointing to side while turning upper body and head to R)  
7&8 LF, RF, LF curving on a small circle to L (3/4 Turn to L) (09.00)

**End of the dance is at wall 9 after 16 Counts (Section 2) facing 12.00: 2 X (Six-Count-Tag) after Wall 1 and Wall 3:**

12 RF Siderock - recover onto LF  
&34 RF together LF - LF siderock - recover onto RF-  
&56 LF together RF- RF siderock - recover onto LF

**3x (Two-Count-Tag) after Wall 2, Wall 4 and Wall 5:**

12 RF siderock -recover onto LF

**Enjoy, smile and have fun!**

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