

I Can Be Your Hero

COPPER KNOB
STEPSHEETS

Count: 32

Wand: 2

Ebene: Improver

Choreograf/in: Hailey Thomson (NZ) - July 2025

Musik: Hero - Sammy Arriaga



2 Tags

R Night club, L Side, Drag R, Step R Behind, Step L Side, R Cross, L Side Rock Cross, $\frac{3}{4}$ Turn Triple Step

1,2&3,4& Big Step To R, Drag L Towards R, Rock L Behind R, Recover To R, Step L To L Side

5,6&7,8&1 Step R Over L, Rock L To L Side, Recover To R, Cross L Over R, Step R Back Into $\frac{1}{4}$ L (9:00), Step L Into $\frac{1}{4}$ L (6:00), Step R Into $\frac{1}{4}$ L (3:00)

Walk Fwd L, R Mambo Fwd, L Sweep Back, R Back Sweep, L Back Sweep, L Coaster Cross

2,3,4&5 Walk Fwd L, R Rock Fwd, Recover To L, Step R Back Sweeping L Back, Take Weight On L, Sweeping R Back, Take Weight On R

6,7,8&1 Sweep L Back, Take Weight On L, Step R Tog, Step L Across R

R Side Rock Cross, $\frac{1}{2}$ Hinge R, Cross Rock L Over R, 2 $\frac{1}{4}$ Triple L

1,2,3&4 Rock R To R Side, Recover To L, Cross R Over L, Step L Into $\frac{1}{2}$ Turn R Stepping R To R Side (9:00)

5,6&7&8& Cross Rock L Over R, Recover To R, Step L Into $\frac{1}{4}$ L (6:00), Step R Into $\frac{1}{2}$ L, Step L Into $\frac{1}{2}$ L, Step R Into $\frac{1}{2}$ L, Step L Into $\frac{1}{2}$ L

R Fwd Rock, Recover L, R Tog, Rock L Back, Recover R, L Tog, R Rocking Chair

1,2&3,4& Rock R Fwd, Recover Weight To L, Step R Tog, Rock Back On L, Recover To R, Step L Tog

5,6,7,8 Rock R Fwd, Recover To L, Rock R Back, Recover To L

Tags: End Of Walls 3 & 5

R Nightclub, L Nightclub

1,2&3,4& Step R To R Side Drag L Towards R, Rock L Behind R, Recover R, Step L To L Side Drag R Towards L, Rock R Behind L, Recover To L

Restart Dance!