

Every Hour

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Heather Jayne Endall (AUS) - July 2025

Musik: Easy Lover - Miley Cyrus : (Spotify, Amazon Music)



No Tags No Restarts Counter Clockwise Direction

Intro: 16 Counts

SECTION 1: SIDE, TOUCH, SIDE, TOUCH, SIDE, TOUCH, SIDE, TOUCH**

1,2,3,4 Step R to R side, Touch L behind R, Step L to L side, Touch R behind L

5,6,7,8 Step R to R side, Touch L behind R, Step L to L side, Touch R behind L

**** Optional arms: Arms at a right angle, elbows in. Rotate the wrists inward, creating a continuous circular motion, raise arms on count 2. Low arms back to centre and rotate the wrists outward, creating a continuous circular motion, drop arms down on count 4. Repeat for counts 5-8. Note: Not my arm choreography, as seen and danced by Miley Cyrus**

SECTION 2: WALK, WALK, ROCK FWD, RECOVER, TOE STRUTS BACK R-L

1,2,3,4 Walk R Fwd, Walk L Fwd, Rock R Fwd, Recover on L

5,6,7,8 Step back on R ball, place R heel, Step back on L ball, place L heel

SECTION 3: SIDE STEP SWAY R-L-R, ¼ TURN [3:00], TOUCH, SIDE STEP SWAY L-R-L, TOUCH**

1,2,3,4 Step R to R side, Sway body L, Sway body R ¼ turn over R to [3:00], touch L beside R

5,6,7,8 Step L to L side, Sway body R, Sway body L, Touch R beside L

**** Optional shoulder roll: As you step to side: shrug your corresponding shoulder up toward your ears, Roll back in a smooth circular path: up → back → down → forward.**

SECTION 4: BIG SIDE STEP, DRAG TOGHER, FWD TOUCH, TOGETHER, FWD TOUCH, TOGETHER, ½ PIVOT, FWD, STEP IN PLACE [9:00]

1,2,3&4& Big step on R to R side, Drag and step L beside R taking the weight, Touch R Fwd, R beside L (&), Touch L Fwd, L beside R (&)

5,6,7,8 Step R Fwd, ½ turn over L taking weight on L [9:00], Step R beside L, Step L in place taking the weight

ENDING: WALL 10 YOU WILL BE AT 9:00 DANCE THE FIRST 16 COUNTS. TO FINISH; MAKE A ¼ TURN OVER R STEPPING R TO SIDE 12:00

Choreographer: Heather Jayne Endall (AUS) Stepsheet Date: 21st July 2025 Version: 1.0

Thanks ever so much for taking a look at my dance and I hope that you enjoy it. Any feedback or questions, please get in touch: heather@kindlinesdanceco.com.au or +61 417 955 752