

Save Me

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Nathan Gardiner (SCO) - August 2025

Musik: Save Me - Olly Murs



Intro: 32 counts start on the word "We"

Walk Forward R, L, R, Kick L, Walk Back L, R, L, Touch R

- 1-2 Step forward on R, Step forward on L
- 3-4 Step forward on R, Kick L forward
- 5-6 Step back on L, Step back on R
- 7-8 Step back on L, Touch R next to L

¼ R, ½ R, ¼ R, Touch, Side L, Together, Side L, Scuff

- 1-2 ¼ R stepping forward on R, ½ R stepping back on L
- 3-4 ¼ R stepping R to R side, Touch L next to R
- 5-6 Step L to L side, Step R next to L
- 7-8 Step L to L side, Scuff R foot forward

Rocking Chair, Jazz Box ¼ R

- 1-2 Rock forward on R, Recover on L
- 3-4 Rock back on R, Recover on L
- 5-6 Cross R over L, 1/8 R stepping back on L
- 7-8 1/8 R stepping R to R side, Step forward on L

Toe Strut, Toe Strut, Out, Out, In, In

- 1-2 Toes R toes forward, Drop down heel
- 3-4 Touch L toes forward, Drop down heel

(Styling options: You can add hip Bumps or shoulder shimmies when doing the Toe Strut)

- 5-6 Step R to R side, Step L to L side
- 7-8 Step back on R, Step L next to R

Tag: End of wall 8

Step Forward, Mambo Step, Behind Side Cross, Scissor Cross, ¼ L, ¼ L

- 1 Step forward on R
- 2&3 Rock forward on L, Recover on R, Step back on L sweeping R from front to back
- 4&5 Step R behind L, Step L to L side, Cross R over L
- 6&7 Step L to L side, Step R next to L, Cross L over R
- 8& ¼ L stepping back on R, ¼ L stepping L to L side

Step Forward, Mambo Step, Behind Side Cross, Scissor Cross, ¼ L, ¼ L

- 1 Step forward on R
- 2&3 Rock forward on L, Recover on R, Step back on L sweeping R from front to back
- 4&5 Step R behind L, Step L to L side, Cross R over L
- 6&7 Step L to L side, Step R next to L, Cross L over R
- 8& ¼ L stepping back on R, ¼ L stepping L to L side

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