

La What?

Count: 32

Wand: 2

Ebene: Improver

Choreograf/in: Jan Wyllie (AUS)

Musik: La Mucara - The Mavericks



SIDE STEP LEFT, RIGHT TOGETHER, SHUFFLE FORWARD, ROCK RIGHT, LEFT STEP ACROSS, ROCK LEFT, RIGHT STEP BEHIND

- 1-2 Step left to left, step right beside left
- 3&4 Shuffle forward left, right, left
- 5&6 Rock/step right to right, rock/return weight to left, step right behind left (moving back)
- 7&8 Rock/step left to left, rock/return weight to right, step left behind right (moving back)

SIDE STEP RIGHT, LEFT TOGETHER, SHUFFLE FORWARD, ROCK RIGHT, LEFT STEP ACROSS, ROCK LEFT, RIGHT STEP ACROSS

- 9-10 Step right to right, step left beside right
- 11&12 Shuffle forward right, left, right
- 13&14 Rock/step left to left, rock/return weight to right, step left across right (moving forward)
- 15&16 Rock/step right to right, rock/return weight to left, step right across left (moving forward)

ROCK ¼ LEFT BACK BACK, ROCK BACK FORWARD FORWARD, STEP TOUCH TOUCH, SHUFFLE FORWARD

- 17&18 Making a brisk ¼ turn left rock/step forward on left, rock back on right, step back on left
- 19&20 Rock/step back on right, rock forward on left, step forward on right
- 21&22 Step forward on left, touch right beside left, touch right back towards right diagonal (turn head towards the right diagonal too)
- 23&24 Shuffle forward right, left, right

ROCK ¼ LEFT BACK BACK, ROCK BACK FORWARD FORWARD, STEP TOUCH TOUCH, SHUFFLE FORWARD

- 25&26 Making a brisk ¼ turn left rock/step forward on left, rock back on right, step back on left
- 27&28 Rock/step back on right, rock forward on left, step forward on right
- 29&30 Step forward on left, touch right beside left, touch right back towards right diagonal

Turn head towards the right diagonal too

- 31&32 Shuffle forward right, left, right

REPEAT
