Latin Groove



Count: 32 Wand: 4 Ebene: Beginner

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Musik: Magic Carpet Ride - MDO



BASIC MAMBOS FORWARD AND BACK, 1/2 PIVOT (LEFT), STEP-LOCK FORWARD

& Left - lower foot back to floor

3 Right - step together

4 Left - step (rock) slightly backward, while lifting right foot off floor

& Right - lower foot back to floor

4 Left - step together5 Right - step forward

6 On (balls of) both feet, pivot ½ turn left

7 Right - step forward

& Left - step up behind right foot

8 Right - step forward

BASIC MAMBOS FORWARD AND BACK, ½ PIVOT (RIGHT), STEP-LOCK FORWARD

9 Left - step (rock) slightly forward, while lifting right foot off floor

& Right - lower foot back to floor

10 Left - step together

11 Right - step (rock) slightly backward, while lifting left foot off floor

& Left - lower foot back to floor

12 Right - step together13 Left - step forward

On (balls of) both feet, pivot ½ turn right

15 Left - step forward

& Right - step up behind left foot

16 Left - step forward

(RIGHT) SIDE-TOGETHER, SIDE CHA-CHA (LATIN HIPS) (LEFT) SIDE-TOGETHER, SIDE CHA-CHA (LATIN HIPS)

17 Right - step to side18 Left - step together

19&20 Side cha right, stepping (right-left-right)

21 Left - step to side22 Right - step together

23&24 Side cha left, stepping (left-right-left)

For styling on these 8 counts, use as much hip movement as you can

TURNING JAZZ (1/4 RIGHT), SIDE MAMBOS (RIGHT AND LEFT)

25	Right - cross step in front of left foot
26	Left - turning ¼ turn right, step backward

27 Right - step slightly out to side

28 Left - step together or cross over right

29 Right - step (rock) out to side, slightly lifting left foot off floor

& Left - lower foot back to floor

30 Right - step together

31 Left - step (rock) out to side, slightly lifting right foot off floor

& Right - lower foot back to floor

32 Left - step together Again on the side mambos use as much hip action as you can

REPEAT