

Latin Lambada

Count: 48

Wand: 4

Ebene: Improver

Choreograf/in: Shaun Ellison-Earl (UK) & Anita Ellison (UK)

Musik: Lambada - Kaoma



ROCK FORWARD, SHUFFLE BACK, ROCK BACK, RIGHT FULL TURN

- 1-2 Rock forward on right foot, rock back on left foot
- 3&4 Shuffle back right, left, right
- 5-6 Rock back on left foot, rock forward on right foot
- 7-8 Make a full turn over right shoulder, stepping left then right

ROCK AND COASTER, HIP ROLLS

- 9-10 Rock forward on left foot, rock back on right foot
- 11&12 Left coaster step stepping back left, back right and forward left
- 13-14 2 hip rolls to the right
- 15-16 2 hip rolls to the left
- 17-32 Repeat 1-16

ROCK BACK, RIGHT CROSSING SHUFFLE, ROCK BACK, LEFT CROSSING SHUFFLE

- 33-34 Rock back on the right foot, rock forward on the left foot
- 35&36 Cross right over left, step to left side with left foot, step to left with right foot crossed over left
- 37-38 Rock back left, rock forward right
- 39&40 Cross left over right, step to right side with right foot, step to right with left foot while crossed over right

4 STEP PIVOTS TO MAKE A ¾ TURN.

- 41-42 Step forward on right foot, pivot round to left
- 43-48 Repeat 41-42 until a ¾ turn has been made

REPEAT
