

Live It Up

Count: 64

Wand: 4

Ebene: Intermediate/Advanced

Choreograf/in: Diane Martin (USA) & Bub Martin (USA)

Musik: Straighten Up and Fly Right - Neal McCoy



DIAGONAL SWIVEL STEPS, HOLDS

- 1-2 Swivel heels to the left and step forward and diagonally to the right on right foot; swivel heels to the center and step left foot next to right
- 3-4 Swivel heels to the left and step forward and diagonally to the right on right foot; hold and clap hands
- 5-6 Swivel heels to the right and step forward and diagonally to the left on left foot; swivel heels to the center and step right foot next to left
- 7-8 Swivel heels to the right and step forward and diagonally to the left on left foot; hold and clap hands

DIAGONAL SWIVEL STEPS, HOLDS, FORWARD SWIVEL STEPS, HOLD

- 9-10 Swivel heels to the left and step forward and diagonally to the right on right foot; hold and clap hands
- 11-12 Swivel heels to the right and step forward and diagonally to the left on left foot; hold and clap hands
- 13-14 Swivel heels to the left and step forward on right foot; swivel heels to the right and step forward on left foot
- 15-16 Swivel heels to the left and step forward on right foot; hold and clap hands

PADDLE TURNS, DIAGONAL STEP - SLIDES, SCUFF

- 17-18 Step forward on ball of left foot; pivot $\frac{1}{4}$ turn to the right on ball of left foot and shift weight to right foot
- 19-20 Step forward on ball of left foot; pivot $\frac{1}{4}$ turn to the right on ball of left foot and shift weight to right foot
- 21-22 Step forward and diagonally to the left on left foot; slide right foot next to left and step
- 23-24 Step forward and diagonally to the left on left foot; scuff right foot next to left

JAZZ SQUARE, TOUCH, TO THE LEFT ROLLING TURN, TOUCH

- 25-26 Cross right foot over left and step; step back on left foot
- 27-28 Step to the right on right foot; touch left foot next to right
- 29-30 Step to the left on left foot and begin a full to the left rolling turn traveling to the left; step on right foot and continue full to the left rolling turn
- 31-32 Step on left foot and complete full to the left rolling turn; touch right foot next to left

STEP-SLIDE RIGHT, TOUCH, TOE TOUCHES, HEEL SLAP, HOLD

- 33-34 Step to the right on right foot; slide left foot next to right and step
- 35-36 Step to the right on right foot; slide left foot next to right and touch
- 37-38 Touch left toe forward; touch left toe out to the left
- 39-40 Cross left foot up and behind right leg and slap heel of left foot with right hand; hold

STEP-SLIDE LEFT, TOUCH, TOE TOUCHES, HEEL SLAP, HOLD

- 41-42 Step to the right on left foot; slide right foot next to right and step
- 43-44 Step to the right on left foot; slide right foot next to right and touch
- 45-46 Touch right toe forward; touch right toe out to the left
- 47-48 Cross right foot up and behind left leg and slap heel of right foot with left hand; hold

VINE RIGHT, KICK, VINE LEFT, KICK

- 49-50 Step to the right on right foot; cross left foot behind right and step
- 51-52 Step to the right on right foot; lean back and rock onto right foot, raise hands to head height about shoulder width apart and kick left foot forward and diagonally to the left
- 53-54 Step to the left on left foot; cross right foot behind left and step
- 55-56 Step to the left on left foot; lean back and rock onto left foot, raise hands to head height about shoulder width apart and kick right foot forward and diagonally to the right

VINE RIGHT, KICK, VINE LEFT WITH ¼ TURN, TOUCH

- 57-58 Step to the right on right foot; cross left foot behind right and step
- 59-60 Step to the right on right foot; lean back and rock onto right foot, raise hands to head height about shoulder width apart and kick left foot forward and diagonally to the left
- 61-62 Step to the left on left foot; cross right foot behind left and step
- 63-64 Step a ¼ turn to the left on left foot; touch right foot next to left

REPEAT
