

Lone Star Lonesome

COPPER KNOB
STEPSHEETS

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Adrian Churm (UK)

Musik: Lonestar Lonesome - Dave Sheriff



SUGAR FOOT WITH SHUFFLES FORWARD ON RIGHT AND LEFT FOOT, ROCK STEP, SHUFFLE BACK AND BACK PIVOT TURN, SHUFFLE FORWARD

- 1-2 Touch right toe into left instep, touch right heel into left instep
- 3&4 Shuffle forward, right, left, right
- 5-8 Repeat steps 1-4 on the opposite foot
- 9-10 Step forward on right, replace weight back onto left
- 11&12 Shuffle backwards right, left, right
- 13-14 Touch left toe back and make a half turn to the left, ending with the weight on the left foot
- 15&16 Shuffle forward right, left, right

LEFT AND RIGHT KICK STEPS AND SWIVELS, CROSS ROCK, QUARTER TURN SHUFFLE, ROCK REPLACE, BACK STEP, DRAW AND TAP

- 17&18 Kick left foot forward, step back with left, tap right toe forward (knee bent)
- &19&20 On the balls of both feet swivel heels right, center, right, center
- 21-24 With weight on the left foot repeat 17-20 on the right foot
- 25-26 Rock step, right foot forward and across left, replace weight back onto left foot
- 27-28 Making a quarter turn to the right, shuffle right, left, right
- 29-32 Left foot forward, replace weight back onto right foot, step left foot back and draw right foot towards left and tap next to left

REPEAT
