Louisiana Hot Cross



Count: 80 Wand: 1 Ebene: Beginner contra dance

Choreograf/in: Pepper Siquieros (USA)

Musik: Louisiana Hot Sauce - Sammy Kershaw



2X(RIGHT SHUFFLE, STOMP, CLAP, RIGHT KICK BALL CHANGE, STOMP, STOMP)

	Contra lines are	facing each other as they	pass on counts 1-16
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1&2	Shuffle forward	right, left, right
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3-4 Stomp forward left, hold and clap hands

5&6 Right kick ball change

7-8 Stomp forward right, stomp forward left (weight ends up on left)

9-16 Repeat steps 1-8

STEP RIGHT, ½ PIVOT, STOMP, TOUCH, GRAPEVINES LEFT & RIGHT

17-18 Step forward right, pivot ½ to left (weight shifts to left)

19-20 Stomp right in place, touch left next to right

21-24 Step side left, right behind left, step side left, scuff right 25-28 Step side right, left behind right, step side right, scuff left

HEEL SWAPS, STEP 1/4 LEFT PIVOT, WALK FORWARD, KICK, WALK BACK, TOUCH

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&29&30	Bring loft foot in	right heel forward, bring right foot in, left heel forw	ıard
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&31-32 Bring left foot back, step forward on right, pivot ¼ left weight transfers to left foot

Walk forward right, left, right, kick left foot forward Walk back left, right, left touch right next to left

STOMP RIGHT FORWARD, SHAKE DOWN SHAKE UP, HIP ROLLS WITH 1/4 TURN LEFT

Put left hand on left hip and stomp right forward as you shake right shoulder 4 counts while

bending at waist and leaning right shoulder forward and down slowly with each beat

45-48 Shake right shoulder 4 counts as you rise slowly to upright position
49-52 Roll hips to the left 4 counts as you pivot ½ left, weight ends up on left

STEP SLIDE RIGHT, TOUCH, STEP SLIDE LEFT, TOUCH, HIP ROLLS WITH 1/4 TURN LEFT

Contra lines should be back to back now as they step slide right and left

53-56 Step side right, slide left next to right, step side right, touch left next to right and clap Step side left, slide right next to left, step side left, touch right next to left and clap

61-64 Roll hips to the left 4 counts as you pivot ¼ left, weight ends up on left

TOE HEEL STRUTS SIDE LEFT, RIGHT JAZZ BOX WITH 1/4 TURN RIGHT

Contra lines are passing each other as they toe strut sideways and to their left

Optional: hold arms out to side and shimmy/shake shoulders as you toe strut steps 65-76

65-66	Cross right over left weight on right toe, slap right heel down
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Step side left onto toe of left, slap left heel down

69-70 Cross right over left weight on right toe, slap right heel down

71-72 Step side left onto toe of left, slap left heel down

73-74 Cross right over left weight on right toe, slap right heel down

75-76 Step side left onto toe of left, slap left heel down

77-78 Cross right over left, step back onto left

79-80 Step right into ¼ turn right step left next to right and clap

Weight ends up on left. Contra lines are facing each other in their original position

REPEAT

