Miss Independent

Count: 32

Ebene: Beginner

Choreograf/in: Nancy Morgan (USA)

Musik: Miss Independent - Kelly Clarkson

SIDE ROCK-HITCH WITH ¼ TURN, SET FOOT FORWARD WITH LIFTS, FORWARD ROCK, COASTERSTEP1-21-2Step right foot out to right side as you shift your weight from right to left, as you put your
weight on your left lift knee up and turn ¼ turn to your left.Swing your arm from right to left as you rock step3&4Set right foot forward as you lift your left shoulder up, then right, then left5-6Rock forward on left and back on right

- 78.9 Constant storn back left right left
- 7&8 Coaster step back left, right, left

SLIDE FORWARD RIGHT, BODY ROLL TO LEFT, SLIDE BACK LEFT, BODY ROLL RIGHT

- 1-2 Step right forward towards 1:00, slide left to right
- 3-4 Body roll up and sit
- 5-6 Step left back towards 7:00, slide right to left
- 7-8 Body roll up and sit

Option for those who do not body roll

- 3-4 Lean forward on your right and bounce on right hip
- 7-8 Lean back on your left and bounce on left hip

TOUCH TOE BACK AND HEEL AND HEEL AND TOE BACK, BRUSH, STEP, MOVE HEEL OUT-IN-OUT

- 1&2 Touch right toe back, put right next to left and put left heel forward
- &3 Put left next to right as you put right heel forward
- &4 Put right next to left as you touch left toe back
- 5-6 Brush left forward (as you do this lift left knee up), then set left heel next to right toe
- 7&8 Swivel heels out, in, out

STEP BACK, STEP BACK, ½ TURN SHUFFLE LEFT, 2 SAILOR SHUFFLES

- 1-2 Step back left, step back right
- 3&4 ¹/₂ turn to left as you shuffle forward left, right, left
- 5&6 Sailor right, left, right
- 7&8 Sailor left, right, left

REPEAT

RESTART

At wall 4 do first 8 counts, then start again doing all 32 counts, then do 16 counts and start again





Wand: 4