My Noise



Count: 32 Wand: 4 Ebene: Intermediate

Choreograf/in: Brian Barakauskas (USA)

Musik: Bringin' Da Noise - *NSYNC



KICK BALL CHANGE, TOUCH 1/2 TURN, COASTER BACK, STEP PIVOT

1&2	Kick left foot forward, step left in place, step right next to left

3-4 Touch left foot out to left side, step left next to right, pivoting ½ turn left

5&6 Step right foot back, step left next to right, step right foot forward

7-8 Step left foot forward, pivot ½ turn to the right keeping weight on left (right heel lifted)

BUMP, BUMP, KICK BALL CHANGE (RAISE THE ROOF), WALK FORWARD, CLAP

1-2 Bump right hip forward/up twice

3&4 Kick right foot forward, step back on right, touch left in front of right, with body leaning back

over right and arms raised in front of face making a "raise the roof" gesture

5-8 Walk forward left-right-left-right, on last step, step right out to side and clap on last step

LOOK RIGHT, LOOK LEFT, BODY ROLL, SHAKE UP

1-2 Look right, look left with ¼ turn to the left

3-4 Body roll back over right leg (now forward direction is towards left leg)

5-8 Bump left hip up for 4 counts, ending with weight on left

SHUFFLE RIGHT, KICK AND CROSS, MAMBO RIGHT, MAMBO LEFT (TOUCH)

1&2 Shuffle right-left-right

3-4 Kick left out to left side, step left over right

Step right out to right side, step left in place, step right next to left Step left out to left side, step right in place, touch left next to right

REPEAT