Nothin' To Lose



Count: 40 Wand: 4 Ebene: Improver

Choreograf/in: Dan Neilson (USA)

Musik: Nothin' to Lose - Josh Gracin



RIGHT STOMP, RIGHT KICK, RIGHT & LEFT SAILOR STEP, STOMP RIGHT & LEFT

1-2	Stomp right foot in	place, kick right f	oot out to right side

Cross right foot behind left, rock left to left side, step right to right side
Cross left foot behind right, rock right to right side, step left to left side

7-8 Stomp right foot in place, stomp left foot in place

SWIVEL HEELS WITH 1/4 TURN LEFT, SHUFFLE, KICK TURNS 1/2 TURN LEFT, START JAZZ SQUARE

1-2 Swivel both heels to the right twice ending with a ¼ turn to the left

3&4 Shuffle forward, left, right, left

5-6 Kick right foot forward and spin a ¼ turn to the left on left foot, repeat

7-8 Cross right foot in front of left, step back on left foot

FINISH JAZZ SQUARE WITH A HITCH, STOMPS, APPLE JACK, SHUFFLE

1-2 Step right foot to right side, hitch left knee up3-4 Stomp left foot in place, stomp right foot in place

With weight on right toe and left heel, swivel right heel and left toe to the left creating a V

& Return feet to center

6 Change weight to right heel and left toe, swivel right toe and left heel to the right creating a V

7&8 Shuffle forward right, left, right

SHUFFLE, KICK TURN KICK, COASTER STEP, SHUFFLE

1&2 Shuffle forward left, right, left

Kick right foot forward, spin ½ turn to the left on left foot, kick right foot forward

Step back on right foot, step back on left foot to meet right, step forward on right foot

7&8 Shuffle forward left, right, left

SHUFFLES WITH 1/2 TURNS, JAZZ SQUARE WITH A STOMP

1&2	Shuffle forward right, left, right with a ½ turn to the left
3&4	Shuffle forward left, right, left with a ½ turn to the left
5-6	Cross right foot in front of left, step back on left foot
7-8	Step right foot to right side, stomp left foot in place

REPEAT