

Paradise

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Beth Webb (USA)

Musik: Double Wide Paradise - Toby Keith



HEEL JACKS (BALL CROSSES), ¼ TURN LEFT

- 1&2 Cross left over right, step right next to left, tap left heel forward
- &3&4 Step left next to right, cross right over left, step left next to right, tap right heel forward
- &5&6 Step right next to left, cross left over right, step right next to left, step left
- 7-8 Step right foot forward, make ¼ turn to left on balls of feet ending with weight on left

SAILOR SHUFFLES, ROCK STEP, SHUFFLE ½ TURN RIGHT

- 1&2 Cross right behind left, step left to left side, step right next to left
- 3&4 Cross left behind right, step right to right side, step left next to right
- 5-6 Rock forward on right, step back on left
- 7&8 Turn ½ to right while doing a right shuffle (right-left-right) in place

HIP BUMPS MOVING FORWARD

- 1-2 Step forward with left, bump left hip forward
- 3-4 Step forward with right, bump right hip forward
- 5-6 Step forward with left, bump left hip forward
- 7-8 Step forward with right, bump right hip forward

Option: Push outward with the palms of both hands on each count. Counts 1 and 2 are forward to the left, 3 and 4 are slightly higher to the right, etc., until counts 7 and 8 are way up in the "raise the roof" position.

OUT-OUT, IN-IN, STOMP, STOMP, BODY ROLL

- a1a2 Step out to left side with left, step out to right side with right, step in to center with left, step in with right (stepping next to left)
- a3a4 Step out to left side with left, step out to right side with right, step in to center with left, step in with right (stepping next to left)
- 5-6 Stomp left, stomp right
- 7-8 Do a two-count up body roll

Option: Simplify the last two counts with hip bump left, hip bump right. Weight ends on right.

REPEAT

The timing on the out-out in-in part is not &1&2&3&4. It uses triplet timing, where each beat is broken into three equal pieces (1-and-a, 2-and-a, etc.) The steps are done on the 'a' and the beat (a1a2). This is the same timing used in Linda Lou and most of those dances that use out-out in-in.