

# Promises

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Ian Dunn (AUS)

Musik: The Next Time - Trent Tomlinson



- |      |  |
|------|--|
| 1-2  | Rock left to left (moving slightly forward), step right slightly forward             |
| 3&4  | Cross left over right, turning 45 left step right back, left heel forward            |
| 5&6  | Left in place, right forward and across left, knee pops forward, drop heels          |
| 7&8  | (Straighten up to front wall), left back, right back, left forward                   |
|      |  |
| 1-2  | Rock right forward, replace weight on left turning ½ right, (hook right across left) |
| 3&4  | Lock shuffle forward right, left, right  |
| 5-6  | Left forward, ½ turn right on the balls of both feet (weight on left to finish)      |
| 7&8  | Right back, left back, right forward   |
|      |  |
| 1-2  | Rock left to left, return weight onto right  |
| 3&4  | Left behind right, right to right side, left center (sailor)                         |
| 5&6  | Right behind left, left to left side, right center ¼ turn left (sailor)              |
| 7&8  | Turning a further ½ left, lock shuffle forward left, right, left                     |
|      |  |
| 1-2& | Turning ¼ left step right to right, hold, left beside right                          |
| 3-4  | Rock right to right, replace weight onto left  |
| 5&6  | Right behind left, ¼ turn left step left forward, right forward                      |
| 7&8& | Left heel forward, left beside right, right heel forward, right beside left          |

## REPEAT

## TAG

**At the end of wall 2 facing the back before you begin wall 3 add the following tag**

- |     |   |
|-----|---|
| 1-2 | Rock left forward, return weight onto right |
| 3&4 | Turning ½ left shuffle left, right, left    |
| 5-6 | Right forward turn ½ left, step onto left   |
| 7&8 | Shuffle forward right, left, right          |

## ENDING

**To end complete 24 beats of the dance on wall 8 (3:00 wall). You will be facing the back wall, step right forward and stomp the left foot forward**