Question



Count: 0 Wand: 4 Ebene: Intermediate/Advanced

Choreograf/in: M.T. Groove (UK)

Musik: Independent Women Part 1 - Destiny's Child



Sequence: A BB A BB A(up to count 40) BB (A=Verse, BB = Chorus)

PART A

KNEE POP, BEHIND & CROSS, POINT, TOUCH BEHIND, UNWIND ½ TURN, KICK & TOUCH

1-2 Pop right knee out to right side (turn head - look right at same time) step right behind left

Step onto ball of left(&) cross right over left, point left to left side

Touch left behind right, unwind ½ turn left (transfer weight onto left)

Kick right to right side, step onto right, touch left next to right

HOLD(LOOK LEFT), SIDE BEHIND 1/4 STEP, STEP PIVOT, STEP TOUCH, STEP

1-2 Hold count 1 as you turn head - look left, step left to left side

Step right behind left (&), step forward onto left as you make a ¼ turn left, step forward right

5-6 Pivot ½ turn left, step right to right side as you make a ¼ turn left

7-8 Touch left next to right, step left (small step) to left side

1-17 Repeat above 2 sections, then add 1 count tag: touch right to left

WALK RIGHT, LEFT, STEP PIVOT TWICE

1-2 Walk forward right, left

3-4 Step forward right, pivot ½ turn left

5-8 Repeat counts 1-4

STEP 1/4 TOUCH, STEP 1/2 TURN TOGETHER, CROSS SIDE CROSS, HITCH

1-2 Step right to right side as you make a ¼ turn left, touch left next to right

3-4 Step left to left side as you make a ½ turn right, step right next to left (weight on right).

5-6 Cross left over right, step right to right side

7-8 Cross left over right, hitch right knee up - angled to right diagonal

34 BACKWARD SWEEP & CROSS, HITCH BUMP STEP, KICK & POINT, MONTEREY 1/2 TURN

1&2 Sweep right foot backwards as you make a ¾ turn right step onto right, step left beside right,

cross right over left

3&4 Hitch left knee, with knee still up bump hips to left(&), step left to left side

5&6 Kick right foot forward, step right next to left, point left to left side

&7-8 Bring left next to right, point right to right side, make a ½ turn right step right in place

MONTEREY ½ TURN, KICK & POINT, BALL STEP PIVOT, FULL TURN

1-2 Point left to left side, make a ½ turn left step left in place

3&4 Kick right foot forward, step right next to left, point left to left side

&5-6 Step onto ball of left, step forward right, pivot ½ turn left

7-8 Make a ½ turn left as you step back onto right, make another ½ turn left as you step forward

left

PART B

KICK OUT OUT, HIP BUMPS, STEP TOUCH TWICE

1&2 Kick right foot forward, step back right, left

3&4 Bumps hips left, right, left

5-6 Step forward right, touch left next to right (angled to right diagonal)

7-8 Step back onto left (square up), touch right next to left

Styling: on count 6 raise arms (palms facing in) bring arms up so hands cross each other at the wrists(face height). On count 7 lower arms back down hands will cross again.

KICK BALL STEP TWICE, STEP POINT, TOUCH FORWARD, HEEL OUT IN

3&4 Repeat counts 1&2.(traveling forward)

5-6 Step forward on right, point left to left side as you make a ¼ turn right

7&8 Touch left toe forward, swivel left heel out, in

STEP BACK, POINT, TOUCH BEHIND, UNWIND FULL TURN, ROCK &CROSS, ROCK & TOUCH

1-2 Step back on left, point right to right side

3-4 Touch right behind left, unwind a full turn right.(transfer weight onto right)

Rock left to left side, recover onto right, cross left over right
Rock right to right side, recover onto left, touch right next to left

The last count on this section is dropped when followed by A.