Count: 32
Wand: 4
Ebene: Improver
Choreografin: Sho Botham (UK)
Musik: Up! - Shania Twain

STEP HITCH, PLACE AND HIP ACTIONS

| 1-2 | Step right, hitch left |
| :--- | :--- |
| $3-$ | Place left foot to left side on ball, with attitude |
| $4-$ | Hip bump left (weight to left) |
| $5-6$ | Hip right, left (optional: drop heel to floor on same side as hip action) |
| $7 \& 8$ | Hips right, left, right finish left heel raised and body favoring left diagonal front |

SHUFFLE AND TURN, WALKS AND BALL TOUCH FORWARD WITH FINGER CLICK
9\&10 Turning left to face $1 / 4$ turn shuffle forward left-right-left
11-12 Step forward right, pivot half turn left (basketball turn)
13-15 Three walks forward right, left, right
16 Pick up left and touch forward onto ball of foot (stop), clicking fingers about shoulder/face height

WALKS BACKWARD AND TOUCH BACK, SIDE TOUCHES, STEP PLACE RIGHT ACROSS
17-19 Three walks backwards left, right, left
20- Touch right behind left (right knee bent) with finger clicks as before
21-22-23 Three touches with right, right to right side, right beside left, right to right side (side, together, side, weight remains on left)
\&24 Step right close to left and place right forward on ball, across right
HEEL DROPS, SINGLES, DOUBLES AND JAZZ BOX COMPLETING ½ TURN RIGHT
25-26 Two heel drops left
27-28 Two double (both heels) heel drops starting $1 / 2$ turn to right*
An alternative to double heel drops is to dance an unwind action
29-32 Jazz box stepping right-left-right-left completing rest of $1 / 2$ turn right
Last two steps are really walks forward to prepare for start of dance
Counts 27-32 make $1 / 2$ turn right in total
REPEAT

