

# R U Ready For This?

Count: 64

Wand: 2

Ebene: Intermediate

Choreograf/in: Celeste Chee

Musik: Get Ready 4 This - 2 Unlimited



## **BIG STEP, HOOK, CROSS, UNWIND ½, OUT, OUT, APPLE JACKS**

- 1-2 Big step right to side, hook left across right
- 3-4 Cross left over right, unwind TURN ½ right
- 5-6 Step left diagonally forward, step right to side
- &7&8 Left applejack, right applejack

## **¼ STEP, SCUFF, HEEL WALK, TOUCH, HOLD, SWITCH TOUCH, TURN ½ SWITCH TOUCH**

- 1-2 Turn ¼ left and step left forward, scuff right foot forward
- 3&4& Touch right heel forward, cross left behind right, touch right heel forward, cross left behind right
- 5-6 Touch right toe forward, hold

### **Upper body slightly lean backward**

- &7&8 Step right together, touch left to side, hitch left knee, turn ½ right and touch left to side

## **¼ SWITCH TOUCH, CROSS, OPEN KNEE, STEP BACK KICK, HOLD, WEAVE TO LEFT**

- &1-2 Hitch left knee, turn ¼ right and touch left to side, cross left over right
- 3&4& Swivel right knee right, swivel right knee to center, swivel both knees apart, swivel both knees to center
- 5&6 Step left back, kick right forward, hold
- 7&-8& Cross right behind left, step left to side, cross right over left, step left to side

## **EXTENDED WEAVE TO LEFT, SWIVEL, HITCH, LUNGE, HOLD, DRAG WITH SHOULDER SHRUGS**

- 1&-2& Cross right behind left, step left to side, cross right over left, step left to side
- 3&4 Swivel left heel and right toe to left, swivel left toe and right heel to left, swivel left heel and right toe to left
- & Hitch right knee
- 5-6 Rock right forward, hold

### **Lower body angled to 10:30, upper body facing 12:00**

- 7-8 Slide left together over 2 counts (10:30)

**During counts 7&8, shoulders shrug 3 times**

## **"X" JUMP, "/" JUMP, FORWARD, ¼ TOUCH, RIGHT COASTER**

- 1& Hop both feet apart, turn 1/8 right and hop both feet together (12:00)
- 2& Turn 1/8 right and hop both feet apart, turn 1/8 left and hop both feet together
- 3&4& Turn 1/8 left and hop both feet apart, turn 1/8 right and hop both feet together, hop both feet apart, hop both feet together
- 5-6 Step left forward, turn ¼ left and touch right to side
- 7&8 Step right back, step left together, step right forward

### **Easy version for count 1-4:**

- 1&2&3&4 Touch right heel forward, step right together, touch left heel forward, step left together, touch right heel forward, hitch right knee, touch right heel forward

## **MASHED POTATOES FORWARD, MASHED POTATOES BACK, FORWARD, TOGETHER, RIB CAGE TO RIGHT, LEFT**

- &1 Swivel both heels apart, step left forward and swivel both heels together
- &2 Swivel both heels apart, touch right forward and swivel both heels together
- &3 Swivel both heels apart, step right back and swivel both heels together

&4 Swivel both heels apart, touch left back and swivel both heels together  
5-6 Step left forward, step right together  
7-8 Hold, hold

**During counts 7-8, push rib cage to right, push rib cage to left**

**"X" JUMP, "I" JUMP, FORWARD, ¼ TOUCH, RIGHT COASTER**

1-8 Repeat count 33-40

**MASHED POTATOES FORWARD, MASHED POTATOES BACK, FORWARD, TOGETHER, RIB CAGE TO RIGHT, LEFT**

1-8 Repeat count 41-48

**REPEAT**

**TAG**

**After 2nd wall, you will face 12:00**

**STEP, HOLD (3X)**

1-4 Step left to side, hold 3 counts with right index finger pointing forward

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