Rockin' Easy



Count: 54 Wand: 1 Ebene: Intermediate

Choreograf/in: Jo Ann Ford & Ruth Ann Gallien

Musik: Got to Get You Off My Mind - Solomon Burke



TOUCH & STEP FORWARD RIGHT, LEFT, RIGHT

Touch right forward and to right side, step forward right
Touch left forward and to left side, step forward left
Touch right forward and to right side, step forward right

TWO LEFT KICK-BALL-CHANGES

7&8 Kick-ball-change starting on left foot 9&10 Kick-ball-change starting on left foot

STROLL RIGHT (4 STEP WEAVE) WITH ½ TURN RIGHT, REPEAT

11-12 Step left in front of right, step right to right 13-14 Step left behind right, step right to right

15-16 Step left across right making ½ turn right, step right in place (shifting weight to right)

17-22 Repeat steps 1-6

TWO LEFT ROCK STEPS, SHUFFLE

23-24 Step left over right, rock back onto right 25-26 Step left over right, rock back onto right

27&28 Shuffle in place left-right-left

TWO RIGHT ROCK STEPS, SHUFFLE

29-30 Step right over left, rock back onto left 31-32 Step right over left, rock back onto left

33&34 Shuffle in place left-right-left

SHUFFLE LEFT FORWARD, ½ PIVOT LEFT

35&36 Shuffle forward on left-right-left

37-38 Step forward on right, turn ½ to left (weight on left)

TWO SHUFFLES FORWARD RIGHT & LEFT, TWO 1/4 PIVOTS LEFT

39&40 Shuffle forward on right-left-right 41&42 Shuffle forward on left-right-left

43-44 Step forward on right, turn ¼ to left (weight on left) 45-46 Step forward on right, turn ¼ to left (weight on left)

VINE RIGHT, SHUFFLE IN PLACE, VINE LEFT, SHUFFLE IN PLACE

47-48 Step right to right side, cross left behind right

49-50 Shuffle in place right-left-right

51-52 Step left to left side, cross right behind left

53&54 Shuffle in place left-right-left

REPEAT