# Rockin' Good Way



Count: 48 Wand: 4 Ebene: Improver

Choreograf/in: Anne Harris (UK)

Musik: A Rockin Good Way - Brook Benton



## RIGHT SYNCOPATED VINE; LEFT SAILOR; RIGHT SAILOR

1-2	Right step to right side, left cross behind right
&3	Right step to right side, left cross over right

4 Right step to right side

Left step behind right, right step to right side, left step slightly forward Right step behind left, left step to left side, right step slightly forward

## LEFT SYNCOPATED VINE; RIGHT SAILOR; LEFT SAILOR

1-2	Left step to left side, right cross behind left
&3	Left step to left side, right cross over left

4 Left step to left side

Right step behind right, left step to right side, right step slightly forward
Left step behind left, right step to left side, left step slightly forward

## RIGHT KICK BALL STEP TWICE: STEP 1/4 PIVOT TWICE

1&2	Kick right foot forward, small step back on right, step forward on to left
3&4	Kick right foot forward, small step back on right, step forward on to left
5-6	Right step forward, roll hips to the left while making ¼ turn left
7-8	Right step forward, roll hips to the left while making ¼ turn left

## RIGHT ROCK; RECOVER; RIGHT ½ TURN SHUFFLE; STEP; ¼ PIVOT; HEEL SWITCHES

1-2	Rock forward on to right	ht, recover weight back o	n to left
1-4	TOOK IOIWAIG OIL TO HA	III. IECOVEI WEIGIII DACK O	יוו נט וכונ

3&4 Turning over right shoulder make ½ turn and shuffle forward right, left, right

5-6 Left step forward, turning right make ¼ turn (weight on right)

7&8 Touch left heel forward, close left beside right, touch right heel forward

#### **RIGHT SHIMMY TWICE**

1 Right step to right side

2-3-4 Slowly bring left to touch beside right while gently shimmying shoulders

5-8 Repeat

## LEFT VINE; ½ PIVOT TWICE (OR ROCKING CHAIR)

1-2	Left step to left side, right cross behind left
3-4	Left step to left side, right touch beside left

7-8 Right step forward, turning left make ½ turn (weight on left)
Right step forward, turning left make ½ turn (weight on left)

Easier alt: right rock forward, recover weight back on to left, right rock back, recover weight forward on to left

#### **REPEAT**

#### **RESTART**

Restart after count 32 on walls 3, 5, and 7

### **ENDING**

Start from the beginning and as you do the right sailor make ¼ turn right to end up facing front.