

Rockin' In The Smokies

Count: 48

Wand: 4

Ebene:

Choreograf/in: Don Stagner (USA) & Chrissy Stagner (USA)

Musik: Unknown



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|-------|--|
| 1&2 | Tap right heel forward, step back right, cross/step left over right. |
| 3- | Step right to right side. |
| 4&5 | Tap left heel forward, step back left, cross/step right over left. |
| 6- | Step left to left side. |
| 7&8 | Tap right heel forward, step right beside left, step left beside right. |
| 9-12 | Step forward right, slide left to right side of right, repeat. |
| 13-16 | Hips go back-hands forward; pull hips forward as hands pull back (like pulling on reins), repeat. |
| 17-20 | Walk right to right side turning $\frac{1}{4}$ to right, walk left forward to right side, walk right forward to right side, tap left heel turning $\frac{1}{4}$ to left. |
| 21-24 | Grapevine left, rock back on right behind left. |
| 25-26 | Step forward left, kick right & turn $\frac{1}{2}$ to left with hitch kick. |
| 27-28 | Step back right, kick left with hitch kick. |
| 29-30 | Step down left, kick right & turn $\frac{1}{2}$ to left with hitch kick. |
| 31-32 | Repeat steps 27-28. |
| 33-34 | Step forward left, slide right up to heel of left while popping left knee forward with a knee pop. |
| 35-36 | Repeat steps 33-34. |
| 37-38 | Step left turning $\frac{1}{4}$ to left, step right turning $\frac{1}{2}$ to left. |
| 39-40 | Step left turning $\frac{1}{2}$ to left, step right turning $\frac{1}{2}$ to left. |
| 41-44 | Bump right hip twice to right, bump left hip twice to left. |
| 45-48 | Four knee flexes right-left-right-left (bend knee, bringing weight to ball of foot to flex knee). |

REPEAT
