

Rollercoaster

Count: 64

Wand: 2

Ebene: Intermediate

Choreograf/in: Hazel Wood

Musik: Life Is a Rollercoaster - Ronan Keating



CROSS ROCK, SIDE SHUFFLE RIGHT, CROSS ROCK, SIDE SHUFFLE LEFT WITH ¼ TURN LEFT

- 1-2 Rock right forward & across left, replace weight to left
- 3&4 Step right to right, close left to right, step right to right
- 5-6 Rock left forward & across right, replace weight to right
- 7&8 Step left to left, close right to left, step left turning ¼ turn left

PIVOT ½ TURN LEFT, SHUFFLE FORWARD, ROCK FORWARD, REPLACE, COASTER STEP

- 1-2 Step forward with right, pivot ½ turn left (end with weight on left)
- 3&4 Step right forward, close left to right, step right forward
- 5-6 Rock forward on left, replace weight to right
- 7&8 Step back on left, close right to left, step forward on left

PIVOT ½ TURN TO LEFT TWICE, SIDE, BEHIND, BALL-CROSS, SIDE

- 1-2 Step forward on right, pivot ½ turn left (end with weight on left)
- 3-4 Step forward on right, pivot ½ turn left (end with weight on left)
- 5-6 Step to side on right foot, cross left behind right foot
- &7 Step to side on ball of right foot, cross left in front of right
- 8 Step to side on right foot

ROCK BACK, REPLACE, STEP LEFT, TAP, MONTEREY TURN

- 1-2 Rock back on left foot, replace weight to right
- 3-4 Step left to left, tap right foot to left (weight on left)
- 5-6 Point right foot to right side, pivot ½ turn right on ball of left close right foot to left
- 7-8 Point left foot to left side, close left to right (weight on left)

ROCK RIGHT, REPLACE, CROSSING SHUFFLE, ROCK LEFT, REPLACE, CROSSING SHUFFLE

- 1-2 Rock right out to right side, replace weight to left (angle body slightly left)
- 3&4 Step right forward & across left, close left to right, step right forward & across left
- 5-6 Rock left out to left side, replace weight to right (angle body slightly right)
- 7&8 Step left forward & across right, close right to left, step left forward & across right

ROCK RIGHT, REPLACE TURNING ¼ TURN LEFT, SHUFFLE FORWARD, FULL TURN RIGHT SHUFFLE FORWARD

- 1-2 Rock right out to right side, replace weight to left turning ¼ turn left
 - 3&4 Step right forward, close left to right, step right forward
 - 5 Pivot ½ turn right on ball of right foot and step back onto left foot
 - 6 Pivot ½ turn right on ball of left foot and step forward onto right foot
- (Full turn can be replaced with 2 walks forward)**
- 7&8 Step left forward, close right to left, step left forward

PIVOT ½ TURN LEFT, SHUFFLE FORWARD, ROCK FORWARD, REPLACE, COASTER

- 1-2 Step forward on right foot, pivot ½ turn to left (weight ends on left)
- 3&4 Step right forward, close left to right, step right forward
- 5-6 Rock forward on left, replace weight onto right
- 7&8 Step back on left, close right to left, step forward on left

PIVOT ½ TURN LEFT, SHUFFLE FORWARD, ROCK FORWARD, REPLACE, COASTER

1-2	Step forward on right foot, pivot ½ turn to left (weight ends on left)
3&4	Step right forward, close left to right, step right forward
5-6	Rock forward on left, replace weight onto right
7&8	Step back on left, close right to left, step forward on left

REPEAT
