

Rollin Down

Count: 64

Wand: 4

Ebene: Intermediate

Choreograf/in: Joe White (USA)

Musik: Cold Hearted - Clay Walker



TOE, TOE, TURN, KNEES OUT & IN, KICK BALL CHANGE, STEP & PIVOT

- 1-2 Touch right toe forward, touch left toe forward
- 3 Turn $\frac{1}{4}$ to right
- &4 Bring knees out and in
- 5&6 Right kick ball change
- 7-8 Step forward on right, turn $\frac{1}{2}$ to left

SIDE SHUFFLE WITH $\frac{1}{4}$ TURN, BACK ROCK STEP, STEP TOGETHER/ROLLING HIPS

- 9&10 Shuffle right, left, right as you turn $\frac{1}{4}$ to left

These shuffle as moving, you are now at the back wall

- 11-12 Rock back left, forward right
- 13-16 Step left to left side, slide right home, step left to left side, slide right home

These steps are done with a rolling of your hips

- 17-32 Repeat steps 1-16. It will bring you back to your original wall

CROSS AND TOUCHES WITH CLAPS

- 1-2 Cross right over left and touch your left toe left side & clap
- 3-4 Cross left over right and touch your right toe right side & clap 2x's
- 5-6 Cross right behind left and touch your left toe left side & clap
- 7-8 Cross left behind right and touch your right toe right side & clap 2x's

BACK ROCK STEP, CROSS & UNWIND, SHUFFLE LEFT, RIGHT, LEFT, KICK RIGHT 2X

- 1-2 Rock back right, forward left
- 3-4 Cross right over left, unwind $\frac{1}{2}$ turn to left
- 5-6 Shuffle slightly back left, right, left
- 7-8 Kick right foot forward 2x's

SYNCOATED CROSES, KNEE IN, KNEE OUT WITH $\frac{1}{4}$ TURN, FORWARD SHUFFLE LEFT-RIGHT-LEFT

- &1-2 Step back right, cross left over right, step right to right side
- &3-4 Step back left, cross right over left, touch left to left side
- 5-6 Bring left knee in towards right knee, bring left knee to left as you turn $\frac{1}{4}$ to left

You are now facing wall right of start

- 7&8 Shuffle forward left, right, left

CENTIPEDE RIGHT, LEFT CENTIPEDE, BODY ROLLS

- 1-2 Right centipede (bring right foot up to left)
- 3-4 Left centipede
- 5-8 Roll your body or hips for 4 beats

REPEAT