

Round & Round & Up & Down

Count: 38

Wand: 2

Ebene: Intermediate

Choreograf/in: Ann Thomson-Buhler (AUS)

Musik: Round, Round Up And Down - The Heptones



1&2& Step back right, kick (low) left forward, step back left, step right together
3&4& Step forward left, tap right toe together, step back right, kick left forward
5&6& Step back left, step right together, step forward left, tap right toe together
7&8& Step back right, kick (low) left forward, step back left, step right together

1&2& Step left to left, step right in place, step left together, step right in place
3&4& Step left to left, step right in place, step left together, hold (weight on left)
5&6& Step right to right, step left in place, step right together, step left in place
7&8& Step right to right, step left in place, step right together, step left in place

1&2& Turn ¼ left rock right to right, rock left to left, cross right over left, hold
3&4& Rock left to left, rock right to right, cross left over right, hold
5&6& Step back right, lock/step left over right, step back right, hold
7&8& Step back left, step right together, step forward left, step right together

1&2& Step forward left, scuff right, step forward right, scuff left
3&4& Step forward left, ½ turn right (weight on right), step forward left, hold
5&6& Step forward right, ½ turn left (weight on left), step forward right, hold
7&8& Step forward left, rock back right, turn ¼ left stepping left to left, hold

1&2& Rock right to right, rock left to left, cross right over left, hold
3&4& Step left to left, hip bumps left-right-left-right
5&6& Step/rock forward left, step right in place, step back left, hold

REPEAT

TAG

At end of 3rd wall add

33&34& Bump hips right-left-right-left

Start again

TAG

At end of 5th & 6th walls, add the following

33& Rock right to right, rock left to left, cross right over left, hold
34& Rock left to left, rock right to right, cross left over right, hold
35& End 7th wall to face front after count 20&
36& Step forward right, pivot ¾ turn left on left, step quickly onto right, bring left together