Rub Me Up



Count: 48 Wand: 4 Ebene: Intermediate

Choreograf/in: Neville Fitzgerald (UK)

Musik: Genie In a Bottle - Christina Aguilera



STEP, LOCK & STEP, PIVOT ½, ¼ ROCK & CROSS & POINT, HITCH ¼

1-2& Step forward on left, lock right behind, step forward on left

3-4 Step forward on right, pivot ½ turn left

5&6 Making ¼ turn left rock right to side, recover on left, cross right over left &7-8 Step left to side, point right to right, hitch right knee as you make ¼ turn right

WALK, STEP, ½ TURN, ½ TURN, TOUCH, HIP BUMPS, & STEP, CROSS ¼

1-2 Step forward on right, step forward on left

Pivot ½ turn right taking weight on right, ½ turn right stepping back on left, touch right in front

of left

5&6 Step back on right bumping hips right-left-right

&7-8 Step forward left, step forward right, making ¼ turn left cross left over right

ROCK & TOUCH, ROCK & CROSS, 14, 14 STEP, TRIPLE FULL TURN FORWARD

Rock right to side, recover on left, touch right in front of left Rock right to side, recover on left, cross step right over left

5&6 Make ¼ turn right stepping back on left, ¼ right stepping right to side, step forward on left
7&8 Make ½ turn left stepping back on right, ½ turn left stepping forward left, step forward on right

Option: right shuffle

ROCK, KICK, COASTER STEP, STEP PIVOT ½, ROCK & CROSS

1-2 Rock forward on left, recover on right kicking left forward 3&4 Step back on left, step right next to left, step forward on left

5-6 Step forward on right, pivot ½ turn to left

7&8 Rock right to side, recover on left, cross right over left

CHASSE 14, STEP, 1&1/2 TURNS, WALK, WALK, ROCK & 1/4

1&2 Step left to side, step right next to left, make ¼ turn left stepping forward left

3&4& Step forward right, pivot ½ turn left taking weight on left, pivot ½ left stepping back on right,

pivot ½ left stepping forward left

5-6 Step forward right, step forward left

7&8 Rock forward on right, recover on left, ¼ turn right stepping right to side

& SYNCOPATED 1/2 MONTEREY, & SIDE, TOUCH, SWAY LEFT-RIGHT, SWEEP 1/2, TOUCH

&1&2 Step forward left, point right to side, ½ turn right stepping right next to left, point left to side

Step left next to right, step right a large step to the right, drag left & touch Stepping to left sway hips to left, stepping to right sway hips to right

7-8 Make ½ turn to right on ball of right sweeping left round front, touch left in front

REPEAT

ENDING

At end of wall 6 you will be facing back. 8 counts of music remain. Dance steps 1-4 of the dance, then:

5-6 Make ½ turn left stepping back on right, ½ turn left stepping forward left

7&8& Rock forward right, recover on left, step back on right, hitch left knee dragging left toe to

touch in front

Hands go out to side on last count, elbows bent.

